

SANTA CLARA

Adult Education

CLASS SCHEDULE

SPRING 2020



**Start a Career as a
Medical Assistant**

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**Expanded Online
Courses**

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santaclaraadulted.org

Registration begins November 18, 2019



Trades Orientation Program

January 11 – March 21, 2020

Mon & Wed 6pm-9pm, Sat 8am-3pm

1560 Berger Drive, San Jose (San Jose Conservation Corps campus)

Apply now to join the Santa Clara County Trades Orientation Program: a free, one-year program that prepares you to become a working apprentice in a high-demand trades career.

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Key to Class Notations

Day	Time	Site	Date	Sess.	Fee
M	7-10pm	Rm F1	5/20	6	\$65+
↑	↑	↑	↑	↑	↑
Day	Time	Location	Start Date	No. of Sessions	Fee + Lab Fee

See index for specific course titles at end of catalog.
Registration Instructions on page 55.



Fully accredited by
the schools commission of the Western
Association of Schools and Colleges.

Enrichment Classes*

Education With A Personal Touch – Where Learning & Community Meet

Santa Clara's Community Enrichment Program has been in existence since 1980. Over that time we have developed classes to support lifelong learning that enhances and enriches the lives of our community's adult population. We have dedicated and fully equipped rooms for arts and crafts, sewing, wood shop, cooking and piano.

Our teachers, while masters in their field of study, are committed to the advancement of their students and offer one of the best opportunities to learn from a true professional. In recent surveys of our classes, over 90% of respondents said they would recommend our classes to a friend.

Please join us and be delightfully surprised at the skills you will learn and the friends you will make.

ART OF WOODWORKING

Adult Ed has a fully equipped and maintained woodshop. Two sawstop table saws, 3 band saws, 3 router tables, mortising machine, large planner, 6 + 13 inch joiners horizontal boring machine, 2 heavy duty drill presses, disk sander, spindle sander, 3 tool grinders, 4 large lathes, 4 small lathes, paint room and more!

All woodshop classes: Attendees must wear safety glasses, short-sleeved shirts and covered toes (no sandals or flip-flops). We have used safety glasses for use or new ones available for \$3.00. For those with dust allergies we will have available dust masks at \$2.50 each. No open toed shoes. Women are strongly encouraged to attend. Unless otherwise stated materials are provided.

***Register early: class numbers are limited and classes are extremely popular. No Refunds, Transfers or Credits. Choose carefully. Mandatory Safety session must be attended by all new students to our shop.**

All first time students for Furniture Design classes must attend 1st class session.

No Class: 4/14, 4/15, 4/16, 4/18

Class	Time	Session 1	Cost # Sessions	Session 2	Cost # Sessions	Instructor	Location
TUESDAY							
Furniture Design*	9am-12pm	2/25-5/5	\$210 (10)			Zamora	Buc/F3
Furniture Design*	6:30-9:30pm	2/25-5/5	\$210 (10)			Zamora	Buc/F3
Furniture Design Advanced	9am-12pm			5/19-6/23	\$126 (6)	Zamora	Buc/F3
Furniture Design Advanced	6:30-9:30pm			5/19-6/23	\$126 (6)	Zamora	Buc/F3
WEDNESDAY							
Furniture Design*	6:30-9:30pm	2/26-5/6	\$210 (10)			Hecker	Buc/F3
Furniture Design Advanced	6:30-9:30pm			5/13-6/17	\$126 (6)	Hecker	Buc/F3
Furniture Design**	6:30-9:30pm			7/1-8/19	\$168 (8)	Hecker	Buc/F3
THURSDAY							
Furniture Design*	6:30-9:30pm	2/27-5/7	\$210 (10)			Zamora	Buc/F3
Furniture Design Advanced	6:30-9:30pm			5/14-6/18	\$126 (6)	Zamora	Buc/F3
SATURDAY							
Furniture Design*	12-4pm	2/29-5/9	\$210 (10)			Hecker	Buc/F3
Furniture Design Advanced	12-4pm			5/16-6/20	\$126 (6)	Hecker	Buc/F3
Furniture Design*	12-4pm			7/11-8/22	\$147 (7)	Hecker	Buc/F3
SAFETY SESSIONS - REQUIRED FOR NEW STUDENTS TO FURNITURE DESIGN							
Safety Session	6:30-9:30pm	2/19*		6/24**		Hecker	Buc/F3

* February 19 Safety session required for new students to February Furniture Design classes

** June 24 Safety session required for new students to July Furniture Design classes

Safety Sessions:

For all classes starting in **February** register separately for this safety session class #215703.

For all classes starting in **July** register separately for this safety session class #215704.

Enrichment Classes*

Furniture Design and Woodworking

- Learn to safely operate of all major hand and power tools in our fully equipped shop
- Design and implement a project of your choosing with instructor assistance
- Gain skills and confidence in woodworking and design
- No prior experience required. All levels welcome.
- Make safety and proper use of tools and machinery your priority
- Materials provided by student
- New students to class must attend 1st two sessions and complete assigned project

Furniture Design and Woodworking Advanced

- Summer session limited to returning students only!
- Students must have taken Woodshop class at Santa Clara Adult Education.
- Safety procedures and proper operation of tools stressed.
- Students furnish own materials.

WOODWORKING - SPECIALTY

Class	Time	Session 1	Cost # Sessions	Session 2	Cost # Sessions	Instructor	Location
MONDAY							
Cutting Board, Simple	6:30-9:30pm	12/9-12/16	\$75 (2)			Truhe	Buc/F3
Build a Step Stool	6:30-9:30pm	1/6-1/20	\$80 (3)			Truhe	Buc/F3
Desktop Shelving	6-10pm	3/2-3/9	\$165 (2)			Truhe	Buc/F3
Jewelry Box 2 Drawer-using band saw	6-10pm	4/6-4/20	\$185 (3)			Truhe	Buc/F3
End Grain Cutting Board	6-10pm			5/4-6/1	\$205 (4)	Truhe	Buc/F3
Golf Cart	6pm-10pm			6/15-6/29	\$190 (3)	Truhe	Buc/F3
SATURDAY							
Build a Console Table	8am-2pm	12/7 & 12/8 (+ Sunday)	\$160 (2)			Hecker	Buc/F3
Joinery, Box Joints	8am-2pm	1/11	\$115 (1)			Hecker	Buc/F3
Fundamentals	8am-4pm	2/1 & 2/2	\$220			Truhe	Buc/F3
Joinery, Edge Joints	8am-2pm	2/8	\$105 (1)			Hecker	Buc/F3
Wood Carving, Classical	10am-2pm	2/15	\$55 (1)			Ross	H1-Adult Ed Campus
Fundamentals	8am-4pm	2/22 & 2/23 (+ Sunday)	\$220			Truhe	Buc/F3
Wave Cutting Board	6:30-9:30pm	2/28-3/27	\$255 (5)			Truhe	Buc/F3
Joinery, Dove Tail	8am-2pm	2/29	\$115 (1)			Hecker	Buc/F3
Fundamentals	8am-4pm	3/14 & 3/15 (+ Sunday)	\$220			Truhe	Buc/F3
Wood Carving, Classical	10am-2pm	4/11	\$55 (1)			Ross	H1-Adult Ed Campus
Fundamentals	8am-4pm	4/11 & 4/12 (+ Sunday)	\$220			Truhe	Buc/F3
Fundamentals	8am-4pm			5/2 & 5/3 (+ Sunday)	\$220	Truhe	Buc/F3
Fundamentals	8am-4pm			5/30 & 5/31 (+ Sunday)	\$220	Truhe	Buc/F3
Wood Carving, Classical	10am-2pm			6/13	\$55 (1)	Ross	H1-Adult Ed Campus
Fundamentals	8am-4pm			6/20 & 6/21 (+ Sunday)	\$220	Truhe	Buc/F3
Wood Carving, Classical	10am-2pm			7/11	\$55 (1)	Ross	H1-Adult Ed Campus
Wood Carving, Classical	10am-2pm			8/8	\$55 (1)	Ross	H1-Adult Ed Campus

Enrichment Classes*

WOODWORKING - SPECIALTY

The following specialty classes are taught by **Dave Hecker**. Dave has been involved with the Adult Ed woodshop for nearly 30 years. First as a student of Don Shortt in the early 1990's and now an instructor. Dave has also been an instructor at the SawDust Shop for 6 years, and was supervisor of Google's (PiShops/Workshops Maker Space) wood, welding, machine and electronics shops for several years.

For questions, email: dhecker@sbcglobal.net

Joinery, Edge Joints

- Make several of the most common wood joints used in furniture, cabinets, boxes, and other projects.
- Make butt joints, edge joints, lap joints, miter joints, biscuit joints, rabbet joints, and dado joints using the table saw, chop saw, and miscellaneous hand tools.
- Discussion of more advanced-type joinery including box joints, dovetail

Joinery, Box Joints in Wood

- Learn how to make box and finger joints of substantial strength
- Making several joints on our standard shop jig.
- Build a jig to take home and use on your own saw.
- Build a box with strong corners using this jig.
- Discussions will show the assembly, gluing and rough finishing of the box

Build a Console/Hall Table

We will build a long and narrow table, approximately three feet long and one foot wide featuring long tapered legs, quality mortise and tenon joinery. The construction methods practiced making this project are appropriate for making many styles and sizes of tables, chairs and other furniture.

Joinery, Dovetail Joints in Wood

- Build blind dovetails of the kind you would find in the front of any good-quality sliding drawer
- Following this we will switch to another type of jig to build through dovetails which have good strength and add decorative features to the corners of large boxes and cabinets.
- We will be using both hand-held and table routers.
- You will be shown samples and we will discuss other types of manufacturing equipment, as well as hand-cut dovetails.

The following specialized classes are taught by **Larry Truhe**. Larry has worked in engineering for 30 years at Hewlett Packard. Once retired, he obtained a General Contractor's license in 2002. He has developed an appreciation for precision tools and heirloom quality furniture which he has sold in area galleries. We are very fortunate to have Larry as an instructor, as he has added many unique one-of-a-kind classes to our woodworking program. Questions email: catruhes@sbcglobal.net

All materials and supplies will be provided. See website for picture of a finished product.

Please have safety glasses, short-sleeved shirts and covered toes (no sandals or flip-flops). Used safety glasses are available or buy new ones for \$3.00. For those with dust allergies we will have available dust masks at \$2.50 each. Most of the following classes require you to email teacher for permission to attend the class.

Fundamentals of Woodworking

- An intensive, comprehensive weekend course designed for beginning woodworkers
- Construct and complete a simple project that used 85% of power tools in our shop
- Learn to operate equipment safely and efficiently.
- Prepares you for our Self-Directed (Open Woodshop) as well as all other woodshop classes.
- These classes fill early; class size limited to 8 students.

Cutting Board Simple - Beginners

- A professional grade cutting board, very attractive with multi variety wood pattern.
- Basic cutting boards combined with 7 to 8 similar boards and cut in a unique way to produce an impressive final product.
- Overall size is approximately 11 x 16 inches.
- Learning how to combine various wood patterns with zero glue lines and the use of very slow set glues.

All materials provided. Class size limited. Permission of instructor needed.

Build a Step Stool/Sitting Bench

This class is perfect for beginners. We will build a simple wooden non-folding step stool/small sitting bench. All materials provided. Please wear short-sleeved shirt/t-shirt and closed toed shoes. Materials provided. Women strongly encouraged to attend. Learn multi joinery techniques.

Questions: catruhes@sbcglobal.net.

Register Today! Classes fill up quickly.

www.SantaClaraAdultEd.org

Enrichment Classes*



End Grain Cutting Board

- Approx size is 11" x 15" made from alternating walnut and maple pieces laminated together.
- All cutting and assembly work in first class.
- Second class will be finishing operations.
- Learn how to use a table-saw, miter, planer and jointer.

Jewelry Box - Using Band Saw

- Make a beautiful unique, 2 drawer walnut jewelry box with flowing lines.
- Extensive use of band saw for cutting compound curves.
- Sanding of radiused surfaces using spindle and drum sander.
- Edge finishing on router table.

Class size to 8 students. Materials included. Permission of instructor needed.

Desktop Shelving Unit

- This stylish corner shelving unit can hold misc. Items that typically clutter desktops.
- It consists of 7 shelves, each 7" square, and stands 30" high.
- Standard product made of maple with walnut accents is included in the base class fee.
- An optional material combination, walnut with maple accents, can be selected for a \$25 additional fee, payable at the beginning of the class.

Class size is limited to 8 students. Intermediate skill level is recommended.

Golf Cart

The perfect gift for the golfer in your family. Build this detailed model golf cart with a set of clubs. It is constructed from a combination of walnut and maple hardwood material. The finished product is approximately 9" long. Building it will require using many of the tools in our well- equipped woodworking shop including table saw, band saw, routers, power sanders, jointer, planer, scroll saw and drill press. All materials are included in the class enrollment fee.

Intermediate Level Woodworker.

*The following wood carving classes are taught by **Bernie Ross**. Bernie is a woodworker and sculptor in wood. He has owned his own business, B. Ross Designs, since 1989. His business is repairing antiques, designing and building custom furniture and creating sculpture in wood. He has taught wood working at The Sawdust Shop in Santa, CA.*

Wood Carving - Classical

This class will get you acquainted with tools and techniques of classical wood carving. We will discuss sharpening and maintenance of tools, acquiring materials, setting up a workspace and different wood species for carving. Our project will be an Acanthus leaf in Bas Relief. Woodcarving is the perfect antidote for our fast paced, techno society.

Questions? brossdesigns@sbcglobal.net.

Send Us a Proposal

Santa Clara Adult Education program is always looking for new ideas and classes. If you are interested in teaching a class for our Enrichment or Exercise & Wellness programs, and have professional or teaching experience in your field, we would be interested in reviewing your proposal for future consideration.

The broad areas that we look at are content, instructor qualifications and marketability. We are presently looking for instructors/presenters for the following subjects: woodshop, dance, science, environment, cooking, social studies and current events. Please contact SCAE at (408) 423-3500.

Enrichment Classes*

Materials provided.

FINE ARTS & CRAFTS

No Class: 4/13, 4/14, 4/15, 4/16, 5/25

Class	Time	Session 1	Cost # Sessions	Session 2	Cost # Sessions	Instructor	Location
MONDAY							
Oil Painting all Levels	10am-12pm	3/16-6/1	\$150 (10)	6/15-8/3	\$120 (8)	Dixon	H2
Drawing All levels	12:15-2:15pm	2/24-5/4	\$150 (10)	5/18-7/27	\$150 (10)	Sahm	H2
TUESDAY							
Watercolor/Pen & Ink	9-11:30am	2/25-5/5	\$188(10)	5/19-7/21	\$188 (10)	Sahm	H2
Acrylic & Oil	6:30-9pm	2/25-5/5	\$188 (10)	5/19-7/21	\$188 (10)	Sahm	H2
Paper Quilling	6-8pm	3/3-3/17	\$50 (3)	6/23-7/7	\$50 (3)	Thonte	H1
WEDNESDAY							
Drawing and Water Color	10am-12pm	2/26-5/6	\$150 (10)	5/20-7/8	\$120 (8)	Dixon	H2
Mosaic Birdhouse	6:30-9pm	3/4-3/18	\$75 (3) + \$35*			Morales	H2
Mosaic Tempered Glass	6:30-9pm	3/25-4/8	\$75 (3) + \$35*			Morales	H2
Mosaic Introduction	6:30-9pm	4/22-5/20	\$125 (5) + \$45*			Morales	H2
Mosaic Face Planter	6:30-9pm			6/17-7/8	\$100 (4) + \$35*	Morales	H2
Mosaics Pique Assiette	6:30-9pm			7/15-7/29	\$75 (3) + \$35*	Morales	H2
THURSDAY							
Drawing to Painting	6:30-8:30pm	2/27-5/7	\$150 (10)	5/21-7/23	\$150 (10)	Sahm	H2

*Material fee payable at first class.

Acrylic & Oil Painting – All Levels

All skill levels welcome. ESL friendly.

- Make friends with your inner Da Vinci!
- Demos, exercises, lectures on fundamentals of drawing, composition, color theory, palette organization, and more. Also, a guided project for beginners.
- Supply list discussed at first meeting.

Questions? Email Janine Sahm at jsahm@scusd.net

Drawing – All Levels

All skill levels welcome. ESL friendly.

- Visually transcribe the world around you!
- Demos, exercises, and lectures on drawing fundamentals like shapes, value, composition, perspective, and more.
- Supply list discussed at first meeting.

Questions? Email Janine Sahm at jsahm@scusd.net

Drawing to Painting

All skill levels welcome. ESL friendly.

- Divine and refine your unique visual voice!
- Demos, exercises, lectures, and a guided project steer you through the process of conceiving, developing, and executing an original artwork.

Supply list discussed at first meeting.

Questions? Email Janine Sahm at jsahm@scusd.net

Watercolor/Pen & Ink

All skill levels welcome. ESL friendly.

- Explore your soul and learn how to express it!
- Demos, exercises, lectures develop drawing and painting fundamentals like brush technique, color theory, composition, and more.
- Supply list discussed at first meeting.

Questions? Email Janine Sahm at jsahm@scusd.net

Mosaic Birdhouse Class

Design a one of a kind Mosaic Birdhouse for your garden. The base will be a wood birdhouse and you will use a variety of materials including broken plates, tile and stained glass. I will teach you to design, shape, adhere and grout your way to a work of art that adds an extra touch of beauty and creativity to your garden.

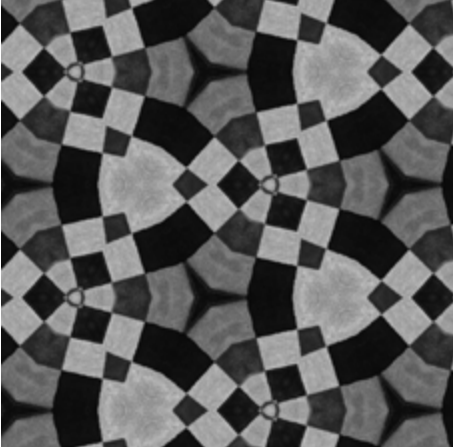
Questions: laura@mosaichearts.com

Beginning Tempered Glass Mosaics

Tempered Glass is shattered safety glass or crash glass. We will design a 8 x 11 picture on cement board with tempered glass and grout it. You will begin your mosaic piece using an overlaying technique with paint, papers, tissue, glitter, and more then we will add safety glass. You don't need mosaic art experience or glass cutting skills.

Questions: laura@mosaichearts.com

Enrichment Classes*



Introduction to Mosaic Art

- A great introduction to Mosaics!
- Create up to 2 class projects using many different materials
- Learn to cut glass, break plates, and tile.
- Learn basic designs using different types of materials, tools and surfaces.

Questions: laura@mosaichearts.com

Mosaic Face Planter Class

Design your own face, your pet or someone else's on a garden planter. You will learn to use the basic techniques needed to create an extraordinary mosaic artwork from plain, ordinary and easily accessed materials.

Questions: laura@mosaichearts.com

Introduction to Pique Assiette Mosaic

Pique Assiette is a style of mosaic using a variety of recycled broken china. What a great way to recycle and reuse old plates and ceramics. Students will learn cutting techniques as well different design methods. The class project will be cement steppingstone or mirror frame.

Questions: laura@mosaichearts.com

Paper Quilling

The art of quilling paper has been around for hundreds of years. Paper quilling is the art of cutting paper into long thin strips, rolling and pinching the pieces into different shapes, and then gluing the shapes together to form decorative art:

- Enhance and enrich greeting cards, boxes
- Used to make jewelry
- Enhance art projects

Questions: preetithonte@gmail.com

PERSONAL GROWTH

Changing Your Mind – And Loving the Change

Tired of thinking in the same old un-productive way? Want to learn new skills that will change the way you think about yourself, a situation, or a problem? This is what we will be doing in this fun, dynamic class. Through the art of “reframing” we learn to open up the realm of possibility and gain flexibility in the way we think and ultimately respond to life situations and events. Questions: rpeterson@scusd.net.

Instructor: Peterson

Day	Time	Site	Date	Sess.	Fee
Th	6-8:30pm	Rm D6	3/19	1	\$30
Th	6-8:30pm	Rm D6	6/11	1	\$30

Changing your mind – Another Level of Experience

- Discover how you can change the quality of your experience.
- How do you know when to feel something?
- What triggers your reactions and emotions?
- Curious to find out?

In this class we will explore the idea submodalities of experience. Discover how your naturally occurring processes of thought, once brought to your awareness, can be used to make useful and lasting change.

Instructor: Peterson

Day	Time	Site	Date	Sess.	Fee
Th	6-8:30pm	Rm D6	4/23	1	\$30
Th	6-8:30pm	Rm D6	5/14	1	\$30

Log On to Facebook and “Like” Santa Clara Adult Education

Please keep checking our website at santaclaraadulted.org for updates and new classes.

Enrichment Classes*

SEWING/KNITTING/CROCHETING

No Class: 2/21, 4/13, 4/14, 4/15, 4/16, 4/17, 5/25

Class	Time	Session 1	Cost # Sessions	Session 2	Cost # Sessions	Instructor	Location
MONDAY							
Knitting/Crocheting All Levels	6:30-8:30pm	2/24-4/20	\$155 (8)	5/18-7/13	\$155 (8)	Sahm	H2
TUESDAY							
Sewing Circle*	10am-12pm	1/14-2/11	\$82 (5)	3/31-5/5	\$82 (5)	Sjostrom	I1
Sewing Circle*	10am-12pm	2/25-3/24	\$82 (5)	5/19-6/23	\$98 (6)	Sjostrom	I1
Quilting Basics and Beyond*	12-2pm	1/14-2/11	\$82 (5)	3/31-5/5	\$82 (5)	Sjostrom	I1
Quilting Basics and Beyond*	12-2pm	2/25-3/24	\$82 (5)	5/19-6/23	\$98 (6)	Sjostrom	I1
WEDNESDAY							
Sewing 102	6-9pm	1/15-2/12	\$120 (5)	4/1-5/6	\$120 (5)	Sjostrom	I1
Sewing 102	6-9pm	2/26-3/25	\$120 (5)	5/20-6/24	\$144 (6)	Sjostrom	I1
THURSDAY							
Sewing 101	6-9pm	1/16-2/13	\$120 (5)	4/2-5/7	\$120 (5)	Sjostrom	I1
Sewing 101	6-9pm	2/27-3/26	\$120 (5)	5/21-6/25	\$144 (6)	Sjostrom	I1
FRIDAY							
Crocheting and Knitting	10am-12pm	1/31-3/27	\$82 (8)	4/3-5/29	\$82 (8)	Grengo	Sr.Ctr.
Knitting/Crocheting All Levels	12:30-2:30pm	2/28-4/24	\$155 (8)	5/18-7/13	\$155 (8)	Sahm	H2

*Take both Quilting Studio and Sewing Circle for \$154 (5 week sessions) or \$186 (6 week sessions).

Quilting Studio – Basics and Beyond*

- Share the joy of quilting—learn a few new tricks,
- Share your quilting experiences with others,
- Get creative ideas for current and future projects.
- Enjoy an afternoon with fellow enthusiastic quilters – all levels welcome.
- Work at your own pace.

Questions: susansjostrom@gmail.com

Sewing Circle *

- Need help and encouragement to finish that “unfinished item”? Come join a wonderful group and have fun while you work on a special project—soft dolls/toys, sewing, quilting, crocheting, embroidery, etc. See what others are doing; get great ideas.
- Beginners through advanced welcome – basic craft skills recommended.
- Sewing machines available.

Questions: susansjostrom@gmail.com

Sewing 101*

- Learn to sew the simple way— yes, that’s correct.
- Learn techniques to be used over and over again; in clothing, home décor, garment alterations and quilting.
- Learn the basics of hand and machine sewing and how to navigate the fabric store.
- Bring your own machine or use ones provided.
- A detailed materials list will be discussed at the first class.

Questions: susansjostrom@gmail.com

Sewing 102*

- Now that you have completed Sewing 101, you’re ready for this continuation class
- Put your new skills to good use.
- Learning to take measurements and how to select the correct size pattern.
- New sewing techniques will be covered.
- Your project will be making pajama bottoms.

Class size limited.

Prerequisite: Must have taken Sewing 101 as listed above or prior approval by instructor; email Susan at susansjostrom@gmail.com

Crocheting/Knitting*

Want to be more creative? How about hand crocheting or knitting gifts for family & friends?

- Beginners will learn to crochet or knit by making simple projects (scarf or blanket)
- Intermediate/advanced students will choose their own projects. You will love our close “knit” group.

*Please bring a crochet hook (G or H) and yarn.

Knitting and Crocheting - All Levels*

All skill levels welcome. ESL friendly.

- Knit (or crochet) a community and a scarf!
- You choose your own project, and I guide you through pattern reading, basic stitches, understanding your materials, and more.
- Supply list discussed at first meeting.

Questions? Janine Sahm at jsahm@scusd.net

Enrichment Classes*

COOKING

Class	Time	Session 1	Cost # Sessions	Session 2	Cost # Sessions	Instructor	Location
MONDAY							
Polenta with Mushroom Sauce	6-9pm	12/4	\$65 (1)				
Christmas Dishes	6-9pm	12/16	\$65 (1)				
Risotto "alla Milanese"	6-9pm	1/27	\$65 (1)			Trucco	I2
Refined Menu: Pasta Arugula Basil Pesto	6-9pm	2/10	\$65 (1)			Trucco	I2
A Very Italian Dinner: Vegetarian Italian	6-9pm			3/9	\$65 (1)	Trucco	I2
Spaghetti Amatriciana Sauce	6-9pm			4/6	\$65 (1)	Trucco	I2
Italian Summer Party	6-9pm			5/11	\$65 (1)	Trucco	I2
SATURDAY							
Food Gifts to Give	9am-1pm	12/7	\$75 (1)			Paul	I2
Winter Comfort Foods	9am-1pm	1/18	\$75 (1)			Paul	I2
Ham Dinner w/all fixings	9am-1pm			3/7	\$75 (1)	Paul	I2
Trio of Jams	9am-1pm			4/3	\$75 (1)	Paul	I2
All About Blackberry Jam	9am-1pm			5/8	\$75 (1)	Paul	I2
Summer Pop Festival	9am-1pm			6/20	\$75 (1)	Paul	I2
Apricot Jam Two Ways	9am-1pm			7/11	\$75 (1)	Paul	I2

*Fee includes food.

Italian Cooking – Buon appetito!

Join me in our kitchen and learn how to combine fresh and seasonal ingredients with simple cooking techniques. Italy is the home of a wonderful range of delicious dishes and you will be initiated into the art of preparing tasty and traditional Italian dishes like vegetables, fresh homemade pasta, risotto, vegetarian dishes, delightful and irresistible desserts. I will share with you the essence of Italian cuisine that it is not just about ingredients or recipes, but a cultured way to communicate our love for tradition and conviviality. In these classes, I will provide guidelines of ingredient selection as well as wine pairing.

Questions contact the instructor: caterina.trucco@gmail.com

From North to South of Italy: Our Second Culinary Tour

Polenta with mushrooms sauce; Caponata with eggplants; "Caprese" cake with chocolate

The Polenta is one the traditional dish of the north of Italy, made of boiled cornmeal. It's a very popular dish in the winter where the temperature is cold and the restaurants serve the polenta with cheese, meat, sausage or mushrooms sauce. After Polenta, we are going to the South of Italy with a rich side dish made of eggplants, celery, olives... Do you smell the aroma of chocolate? The Caprese cake (from Capri Island, near Naples) is full of delicious chocolate. The perfect dessert to end this gastronomic tour!

Christmas Italian traditional dishes

Baked pasta with eggplants; Beef stew; Tiramisu'
In Italy there are several baked pasta and all of them are perfect for a celebration meal! You will

learn a recipe with fried eggplants, a delicious tomato sauce and a lot of cheese.

We will continue with the traditional beef stew, a typical Italian entrée. And we will end our Christmas menu with the most famous Italian dessert, the Tiramisu'!

Winter Dishes in Northern Italy

Risotto "alla Milanese"; Chicken with mustard and bacon; Mini truffles with chocolate

Are you ready to come with me to Milan to cook its most famous dishe? In this course you will learn the harmonious simplicity of a traditional main course recipe – Risotto alla Milanese - combining the delicate and colorful taste of saffron, with slowly butter-cooked onion flavors, rice and beef broth. A daily recipe you can find in the best restaurants of Milan and North of Italy. We will continue our meal with a super tasty dish: chicken thighs wrapped with bacon and mustard. And for dessert? A delicious and chocolate finger food.

Enrichment Classes*

COOKING

A Very Refined Italian Menu

Pasta with arugula and basil pesto; Crispy salmon with cannellini puree; Lemon “Caprese” cake
Are you ready to cook a refined and elegant Italian dinner? Pasta with a special pesto, fish, cannellini beans pure, and, for dessert, one of the most traditional Italian cake, the Caprese (with lemon). A fresh flavor to end this amazing menu.

Italian Vegetarian Ideas

Penne pasta with walnuts pesto, Peperonata, Carrot cake

Any idea for a vegetarian pasta sauce? The walnuts sauce is easy and quick to prepare. Your guests, both adult and kids, will love your pasta! Peperonata is a popular and tasty Italian side and it has its origin from southern Italy. As its name suggest, its main ingredients are bell peppers; yellow, red, orange and green. In this course, you will learn how to prepare this classic Mediterranean dish, which is colorful, tasty, whether warm or cold. Have you ever tried the real Italian carrot cake? Flour, almond flour, carrots, eggs, sugar, bread-crumbs, lemon zest...simply delicious!

A Very Italian Dinner

Pasta with Amatriciana sauce, Meatballs “della nonna”, Sweet fans

Spaghetti with Amatriciana sauce is a famous traditional Italian dish named from the city of Amatrice. We will cook together this simple and flavorful pasta made with bacon (the traditional recipe has the cured pork cheek), tomatoes, pecorino cheese and dried red pepper. Who doesn't know the Italian meatballs (“polpette della nonna”) with tomato sauce? You will learn how to cook the traditional and authentic recipe with ground beef, sausage, breadcrumbs, parmigiano reggiano, eggs, nutmeg and... of course... tomato sauce. We will end our meal with a dessert! I will show you how to create delicious sweet fans with puff pastry and sugar. Easy and quick!

Italian summer party

Pasta salad, Tomatoes “alla Garibaldi” (with tuna), Shortbread tarte (crostata) with vanilla pastry cream and fresh fruit

It's still summer in our kitchen and we are looking for fresh, tasty and colorful dishes. Pasta, vegetables, fresh herbs and flavors, tasty tomatoes, seasonal fresh fruit, delicious pastry cream... are the main ingredients that we are going to use for this summer party menu.

Canning, Preserving and Cooking Class Series

These classes are designed for you, the home cook, giving you the basic techniques and safety practices for hot water bath canning. You will also learn delicious menu ideas easily prepared in your home kitchens. You will gain the confidence, satisfaction and joy of hand crafting and preserving jars of foods, along with new home recipes that will delight! All classes are hands on. Class size is limited. Questions: magpiepaul@excite.com

Instructor: Margaret Paul

Food Gifts to Give

This canning class will focus on home preserved foods to gift for the holiday season. We will be crafting Spicy and Sweet Pepper Jam a holiday favorite. Next we craft Grace Pickles a class favorite, easy to prepare and unbelievable taste. These preserved gifts make great hostess gifts and most certainly become family favorites. Class limit 6.

Winter Comfort Cooking 2020

This cooking class is all about comfort. We will be preparing an American comfort dish, **Easy Chicken & Dumplings Southern style**, instead of biscuits we will make flat style noodles. To accompany our Southern Chicken and dumplings we will prepare a salad of **Butter lettuce with Lemon vinaigrette, gorgonzola cheese and Cornbread croutons**. For dessert, easy **Peanut Butter and Jam bars** to finish this comforting meal. **Class Limit 6**.

Ham Dinner with all the Fixings

This cooking class is all about Ham dinner and sides. With Easter around the corner, this menu will be welcome for all family gatherings and easy to prepare. Our menu begins with **Bourbon glazed Ham, corn spoonbread muffins, roasted ginger carrots with buttermilk dressing and pecans, grilled asparagus and strawberries and surprise deviled eggs**.

Trio of Jams

For this preserving class we will be crafting a trio of jams. **Blueberry Lavender, Raspberry Violet and Strawberry Rose**. These jams are simple to craft with a beautiful floral finish. They are a perfect springtime surprise and are a compliment to scones, homemade biscuits and dessert chesses.

Enrichment Classes*

All About Blackberry Jam

For this preserving class, we will be crafting two jams using blackberries. **Blackberry Lime Jam** and **Blackberry Jalapeño Jam**. These jams are courageous, luscious and easy to prepare. Your family and friend will enjoy the flavors.

Summer Preserving and Cooking 2020

Summer has arrived! come join me as I start my summer preserving and cooking classes.

These classes are designed for you the home cook. This course will give you the basic techniques and safety practices for hot water bath canning. You will gain the confidence, satisfaction and enjoyment of canning, preserving foods from your home kitchen, for my cooking classes I have recipes for summer gatherings that are sure to please. All classes are hands on. Each student will bring home a jar of what we crafted in class or enjoy tasting food you have prepared in class. Class size is limited.

Instructor: Margaret Paul

“Summer Pop Festival”

This is the time of year when we are planning our summer cookouts and gatherings. My Summer Pop Festival menu is a little nostalgic, creative and delicious. On the menu: **Orange soda party chicken wings, Cherry Cola pulled pork sliders, Root beer baked beans, and for dessert Cool Lemon lime soda fluff.** These recipes are fun and fabulous come and enjoy! Class size limited to 8 students.

Apricot Jam Two Ways

This is the perfect time of year for preserving. For this class we will handcraft Apricot jam, easy and delicious. We will be crafting **Apricot Bourbon vanilla jam.** Next, we will craft **Apricot Ginger jam.** Both jams are easy to make and will become a summer favorite. Class is hands on and limited to 8 students.

GARDENING & GENERATION CONNECTION

Gardening*

- Learn to grow vegetables, flowers and more
 - Join our lovely, well-kept garden and be part of our garden community.
 - Enjoy working your very own plot!
 - Participate in garden cleanup, sharing maintenance duties, and other garden group functions that will keep you, as well as the garden, growing and thriving.
 - Perfect for New and Experienced Gardeners
 - Feed the Soil, Feed Yourself Using Organic, Sustainable Techniques
 - Know the Least Toxic Way to Handle Bug and Disease Problems
 - Learn when to Harvest and how to get the maximum color or food from your garden plot
- New Students must attend 1st class at 8:30am in Room G7.

Instructor: Carey

Day	Time	Site	Date	Sess.	Fee
Sa	9am-12pm	Garden	2/15-5/19	10	\$50
Sa	9am-12pm	Garden	5/16-7/25	10	\$50

+ \$10 if paid after the Thursday immediately before start of class (2/13, 5/14)

No Class: 2/22, 4/11, 4/18, 7/4

Garden, Generation Connection

- Join other gardeners who volunteer their time and share their love of gardening with elementary school students.
- An award-winning volunteer program
- For further information email: mburlingame@scusd.net

Instructor: Burlingame

Day	Time	Site	Date	Sess.	Fee
F	9am	Garden	3/20	10	Free



Enrichment Classes*

LANGUAGE

No Class: 4/14-4/16, 6/30, 7/1, 7/2

Class	Time	Session 1	Cost # Sessions	Session 2	Cost # Sessions	Instructor	Location
TUESDAY							
Spanish 1A	6:30-8:30pm	2/25-5/5	\$160 (10)	5/19-6/24	\$96 (6)	TBD	G7
French Beginning II	7-9pm	2/25-5/5	\$160 (10)	5/19-7/28	\$160 (10)	Sarraf	F1
Chinese Mandarin	7-8:30pm	2/25-5/5	\$120 (10)	N/A	N/A	Cheng	D7
Italian, Beginning I	6-7:30-pm	2/25-5/5	\$120 (10)			Callegari	G6
Italian, Conversation	7:35-9:05	2/25-5/5	\$120 (10)			Callegari	G6
Italian for Travelers*	6-7:30pm			5/12-6/11	\$120 (10)	Callegari	D7
Italian, Conversation*	7:35-9:05pm			5/12-6/11	\$120 (10)	Callegari	D7
Japanese 1A	5:45-7:45	3/10-5/19	\$160 (10)	6/2-8/4	\$160 (10)	Iwasaki	F6
Japanese 1C	7:40-9:50	3/10-5/19	\$160 (10)	6/2-8/4	\$160 (10)	Iwasaki	F6
WEDNESDAY							
Italian Beginner II	6-7:30pm	2/26-5/6	\$120 (10)			Callegari	D7
Italian, Intermediate I	7:35-9:05	2/26-5/6	\$120 (10)			Callegari	D7
French Beginning I	7-9pm	2/26-5/6	\$160 (10)	5/20-7/29	\$160 (10)	Sarraf	F1
THURSDAY							
French Beginning III	7-9pm	2/27-5/7	\$160 (10)	5/21-7/30	\$160 (10)	Sarraf	F1
Japanese 1B	6-8pm	3/5-5/14	\$160 (10)	5/28-8/6	\$160 (10)	Iwasaki	F6
Spanish 1B	6:30-8:30	2/27-5/7	\$160 (10)	5/21-6/25	\$96 (6)	TBD	G7
Italian Intermediate II	6-7:30pm	2/27-5/7	\$120 (10)			Callegari	D7
Italian Advanced	7:35-9:05pm	2/27-5/7	\$120 (10)			Callegari	D7
Italian for Travelers*	6-7:30pm			5/12-6/11	\$120 (10)	Callegari	D7
Italian, Conversation*	7:35-9:05pm			5/12-6/11	\$120 (10)	Callegari	D7

*Class meets twice a week on Tu/Th

Chinese

Chinese – Mandarin*

- An introduction to the oral and written forms of the Chinese language.
- Emphasis on communication skills, everyday situations
- Demonstration of understanding the interrelationship between language and culture
- Chinese is the language for today and tomorrow in any field and daily life.
- Learn how to use “Pinyin” phonetic system, cardinal numbers as well as basic greetings in restaurants, traveling and business meetings.

Questions? sylouise_cheng@yahoo.com

French

French with Instructor Parry Sarraf

Parry has a Master’s degree in French, and holds California Adult Education Teaching Credential. Textbook for all three levels: Dis-moi! ISBN: 0-673-21627-6 (Available online at Amazon.com, abebookscom, booksellers.com, etc.) Please order in advance. Workbook materials provided by instructor.

Questions and approval of levels II and III email: parry.sarraf@gmail.com

French Levels I - III*

Prerequisite: Except for Beginning I, each level requires the completion of the previous class.

In the progressive levels of Beginning French I, II, and III, you will:

- Learn the fundamentals of French pronunciation and syntax
- Use vocabulary in daily conversational occasions
- Practice French listening and reading comprehension
- Make up basic sentences by applying correct grammatical structure
- Improve speaking in fluent French by using the language accurately in a variety of situations
- Acquire knowledge on French culture and customs
- Enjoy travel experiences by communicating with Francophones

Enrichment Classes*

Italian

Antonella Callegari was born in Padova, Italy where, she studied foreign languages: English, French, and German. While living in Spain, she acquired Spanish while working with the locals. In California, Antonella has been teaching Italian in local and private schools for over 20 years. She has taught a wide age group, preschoolers to seniors, and enjoys seeing her students progress in their foreign language skill levels.

Italian Beginner I*

- *Ciao!* Have fun learning this beautiful Italian language and its culture!
- Express yourself through salutations, pronunciation, gender & number of nouns, verbs “to be” and “to have”, definite & indefinite articles, and speak in the Presente tense with verbs ending in -are.
- The textbook *Prego!* 5th ed., ISBN: 0-07-365513-9 is used and can be purchased as used online (www.dealoz.com). We'll cover from Capitolo Preliminare to Capitolo 3.

Questions: nella136@hotmail.com

Italian Beginner II*

- *Bentornati!* (Welcome back!) Keep talking the Italian language!
- Communicate in the Presente tense with verbs ending in -ere/-ire, direct & indirect object pronouns, prepositions with articles, the Passato Prossimo verb, reflexive verbs, and adverbs.
- The textbook *Prego!* 5th ed., ISBN: 0-07-365513-9 is used and can be purchased as used online (www.dealoz.com). We'll cover from Capitolo 4 to Capitolo 7.

Questions: nella136@hotmail.com

Italian Intermediate I*

- *Continuiamo!* (Let's Continue) Enjoy speaking only Italian by now as if you were already in Italy!
- Be ready to immerse yourself in the Imperfetto and Trapassato verbs, stressed pronouns, degrees of comparison, the Futuro verb, pronouns such as ‘ne’ and ‘ci’ and the impersonal ‘si’, the double pronouns, and the Imperativo verb for tu, noi, voi.
- The textbook *Prego!* 5th ed., ISBN: 0-07-365513-9 is used and can be purchased as used online (www.dealoz.com). We'll cover from Capitolo 8 to Capitolo 11.

Questions: nella136@hotmail.com

Italian Intermediate II*

- *Forza!* Deepen and expand your knowledge of Italian!
- Focus on indefinite adjectives and pronouns, the Imperativo verb for Lei & Loro, Condizionale e Passato Remoto verbs, possessive pronouns, relative pronouns, construction with infinitive tenses, and particular verbs such as ‘volerci’ & ‘metterci’.
- The textbook *Prego!* 5th ed., ISBN: 0-07-365513-9 is used and can be purchased as used online (www.dealoz.com). We'll cover from Capitolo 12 to Capitolo 15.

Questions: nella136@hotmail.com

Italian Advanced*

- *Congratulazioni!* You can now speak like an Italian!
- Master the highest levels of the language grammar with the Congiuntivo verbs and their sophisticated uses.
- The textbook *Prego!* 5th ed., ISBN: 0-07-365513-9 is used and can be purchased as used online (www.dealoz.com). We'll cover from Capitolo 16 to Capitolo 18.

Questions: nella136@hotmail.com

Italian Conversation*

- *Parliamo solo italiano!* This is a class for students who have gone through all Italian class levels and mastered the grammar, including the Subjunctive Mode.
- Practice your Italian language knowledge by actively participating in class through reading, discussions, translating and commenting on literature and written assignments.
- The book *Non Soltanto Un Baule*, ISBN 978-0-9723562-5-1, is used and can be purchased as used online (www.dealoz.com).

Questions: nella136@hotmail.com

Italian for Travelers*

- *Buon Viaggio!* Travel through the beautiful cities of Italy!
- Complement and implement skills learned in beginner classes with emphasis on basic grammar review and daily conversation topics.
- Learn lots of vocabulary and phrases useful to your trip.
- Students new to the Italian language are also welcome.
- Two books are used: *Italian Conversation* by Marcel Danesi, ISBN: 978-0-07-177089-7, and *Italian Vocabulary* 2nd ed. by McGraw Hill, ISBN: 978-0-07-1760966, which can be purchased online (www.dealoz.com).

Questions: nella136@hotmail.com

Enrichment Classes*

LANGUAGE

Japanese

Japanese 1A*

- Learn basic conversational skills, such as greetings, counting, and simple everyday phrases
- Learn to read and recognize hiragana characters.
- Enjoy the process of learning a new language and culture.
- Learning Japanese should be an enjoyable and challenging endeavor and this class aims to be the first step in that process.

Questions: kayokoiwasaki@hotmail.com

Japanese 1B*

- A continuation of Japanese 1A. and for those with some basic Japanese. In this class, you
- Expand your vocabulary; learn more grammatical structures and expressions in varied contexts.
- Acquire hiragana-writing skill, and be encouraged to read and write in Japanese.

Japanese 1C*

- A continuation of Japanese 1B.
- Continue to expand vocabulary, grammar patterns, oral communications and writing skills.
- Basic Kanji characters will be introduced.
- Acquire hiragana and katakana reading and writing skills.

Spanish

Spanish – Beginning 1A*

- Entry level course designed to help students develop basic communication skills such as listening, speaking, reading and writing in Spanish
- Introduction to the cultures of the Spanish-speaking world
- Learn practical vocabulary, everyday expressions and basic language

Textbook: *Spanish Now Level 1, 8th edition.*

Available on-line.

Spanish – Beginning 1B*

- Build upon the foundation created in Spanish 1A.
- Expand vocabulary, speaking, reading, and writing skills in Spanish.
- Learn the history, culture, social and economic contexts.
- Acquire vocabulary and sentence structure.

Textbook: *Spanish Now Level 1, 8th edition (with MP3).* Available on-line.

MONEY MANAGEMENT

Information presented is based on the opinions of the instructors. Santa Clara Adult Education does not take responsibility for profits or losses made by the student who takes these classes.

The following classes are offered as a series for five classes - Godwin Investing.

Protecting your Money in the Markets

Investment experts sound good, look good and post impressive credentials and investment returns.

Are they for real? This seminar will navigate through some of the smoke, mirrors and myths used by Wall Street. Topics will include:

- Stock picking (or should we really try?)
- Earnings & earnings growth (does it matter?)
- Performance numbers (can numbers count?)
- Behavior finance (call in Super Nanny)
- Expert advice (or don't try this at home)

This class is the first in a series and for anyone who wonders why everyone else makes money in the markets, but not them (maybe they don't).

Instructor: Godwin

Day	Time	Site	Date	Sess.	Fee
T	6:30-9:30pm	Rm D6	2/19	1	\$30

Investing – Modern Portfolio Theory for the Novice*

What is modern portfolio theory and does it work? Value and Growth, this is not your father's stock market anymore, but size still counts.

Topics will include:

- New stock categorizations (its not your parent's stock market).
- Intermarket relationships: commodities, interest rates and stocks.
- Mutual funds or Exchange Traded Funds (which is better, why?)
- More smoke and mirrors of Wall Street.
- An introduction to Technical Analysis (where statistic count)

This class is the second in a series and will give students a leg up on building a simple, diversified and cost effective portfolio. Materials fee included.

Instructor: Godwin

Day	Time	Site	Date	Sess.	Fee
T	6:30-9pm	Rm D6	2/26	1	\$30

Please keep checking our website at santaclaraadulted.org for updates and new classes.

Enrichment Classes*

Investing – Optimizing Your Portfolio with Technical Analysis*

Fundamentals tell you what to buy. Technical analysis tells you when to buy it. Herd behavior drives the stock market. Technical analysis is a subset of Behavior Economics and is therefore a tool for monitoring the herd. Topics will include:

- The linkage between herd behavior and price performance (when is the herd wrong?).
- More on interest rates and the stock market (The C.S.S. Model).
- Monitoring the herd with anecdotal evidence.
- Monitoring the major market trends with Breadth Indicators (McClellan Summation, Tick and TickQ).

This class is third in a series and will sharpen your vision and thinking with regards to what drives the markets. You will discover the tools needed to execute and survive in the markets ahead. Materials fee included.

Instructor: Godwin

Day	Time	Site	Date	Sess.	Fee
T	6:30-9:30pm	Rm D6	3/4	1	\$30

NEW Investing – Advanced Technical Analysis for the Intermediate Investor

This class continues the discussion of breadth indicators and adds option related breadth tools (put/call ratios). We expand our money discussion to sideline money in its various domestic (Margin, MZM) and international forms (Sovereign Wealth Funds and International Capital flows). We begin the discussion of the economy and the markets. Topics will include:

- Money moves stock prices (how we monitor money flows)
- Foreign money (does it matter?).
- How to tell when speculation is driving the markets.
- Does the economy matter (monitoring the Fed through FRED)?

This class is fourth in a series and begins the wrap up and pulling together of the subjects covered in the first three classes. Materials fee included.

Instructor: Godwin

Day	Time	Site	Date	Sess.	Fee
T	6:30-9pm	Rm D6	3/11	1	\$30

Market Matters (or What Could Go Wrong)

We use the tools and approach from the first four classes to develop a comprehensive view of the economy and the stock market as it exists at class time. Topics will include:

- The U.S. economy at a glance.
- A comprehensive review of the U.S. stock market using Technical analysis.
- Data sources and software (where do you find

good data?).

- Bibliography and local investment groups (you're not alone).
- Future trends in investing and economics (Globalization & Secular Stagnation)

This class is fifth in a series and will help you pull it all together and decide whether the U.S. markets and International economy are in a state of high or low investment risk. Materials fee included.

Instructor: Godwin

Day	Time	Site	Date	Sess.	Fee
T	6:30-9pm	Rm D6	3/18	1	\$30

Cryptocurrency

You have heard about it, but do you know what they are and Why they matter. This class will shed some light on this confusing subject and will cover:

- Understanding Cryptocurrency
- The Future of Money and Exchanges
- Insight into Blockchain Technology
- Global Cryptocurrency Developments
- Why it all matters

Instructor: Roberts

Day	Time	Site	Date	Sess.	Fee
Th	6-9pm	3/25	D6	1	\$30
W	6-9pm	6/3	D6	1	\$30

Creative Home Buying - in a New Market*

Industry veteran, Brian Crane, teaches home buying strategies for the first time buyer and move up buyer! Topics covered will include, choosing a loan/lender, inspecting your home, minimizing closing costs, avoiding common buyer mistakes, negotiation techniques, contracts and contingencies and much more!

Instructor: Crane

Day	Time	Site	Date	Sess.	Fee
W	6:30-8:30pm	Rm F4	3/12	1	\$30
W	6:30-8:30pm	Rm F4	5/7	1	\$30

Selling Your Home for Top Dollar!

Learn smart strategies to maximize your home sales price and equity! Learn the right process to prepare your home for a smooth transaction and minimize headaches. Topics covered will include: house prep, inspections and disclosures, pricing your home, negotiation techniques, marketing strategies and much more!

Instructor: Crane

Day	Time	Site	Date	Sess.	Fee
W	6:30-8:30pm	Rm F4	3/19	1	\$30
W	6:30-8:30pm	Rm F4	5/14	1	\$30

Enrichment Classes*

MONEY MANAGEMENT

Retirement Planning Today*

Retirement planning is for everyone and it's never too late to start! Learn how to calculate how much money you'll need, make the most of your current resources, select the appropriate pension options, get a higher return on your investments, and "inflation-proof" your income. Other topics include Social Security, Medicare, long-term care, lifestyle issues, and more. A comprehensive workbook contains practical exercises and examples to help you learn and remember everything covered during

the classes. Robert Ostenberg, CFS - Robert is a Financial Advisor and a Retirement Investment Income Specialist with over 14 years' experience. Robert earned his degree from Oregon State University. Please call (or mail in) for couples registration 423-3500. Singles may register on-line (santaclaraadulted.org).

Instructor: Ostenberg

Day	Time	Site	Date	Sess.	Fee
T	6:30-9:30pm	Rm F6	3/17-3/24	2	\$49 (add \$25 2 nd person)
Th	6:30-9:30pm	Rm F6	3/26-4/2	2	\$49 (add \$25 2 nd person)

MUSIC

No Class: 2/21, 4/10, 4/13-17, 5/25

Class	Time	Session 1	Cost # Sessions	Session 2	Cost # Sessions	Instructor	Location
MONDAY							
Piano Beginning 1C	9:00-11:30am	3/2-5/11	\$198 (10)	5/18-7/27	\$198 (10)	Yee	J1
Piano Beginning 1B	11:30am-2pm	3/2-5/11	\$175 (10)	5/18-7/27	\$175 (10)	Yee	J1
TUESDAY							
Piano Beginning 1C	9:00-11:30am	3/3-5/12	\$198 (10)	5/26-7/28	\$198 (10)	Yee	J1
Piano Beginning 1B	11:30am-2pm	3/3-5/12	\$175 (10)	5/26-7/28	\$175 (10)	Yee	J1
Piano 1A	6:30-8:30pm	2/25-5/5	\$155 (10)	5/19-7/21	\$155 (10)	Tomasello	J1
WEDNESDAY							
Piano Beginning 1B	9am-11:30pm	3/4-5/13	\$175 (10)	5/27-7/29	\$175 (10)	Yee	J1
Guitar	7:30pm-9pm	1/8-2/12	\$95 (6)			Hawthorne	G7
Guitar	7:30pm-9pm	3/18-4/6	\$95 (6)	5/20-6/24	\$95 (6)	Hawthorne	G7
THURSDAY							
Piano III	9:30am-12pm	2/27-5/7	\$175 (10)	5/21-6/25	\$105 (6)	Bhatnagar	J1
Piano 1B	6:30-8:30pm	2/27-5/7	\$155 (10)	5/21-7/23	\$155 (10)	Tomasello	J1
FRIDAY							
Piano 1A	9am-11:30am	3/6-5/15	\$167 (10)	5/29-7/31	\$167 (10)	Yee	J1
Golden Tones	10am-12pm	1/10-3/20	\$72 (10)	3/27-6/12	\$80 (11)	Tutko	SrCtr

Chorus – The Golden Tones*

Like to sing? Learn how with our on-going chorus! We learn and perform a variety of songs, old and new, for various service clubs, convalescent and retirement communities. All music abilities welcome, especially tenors and basses.

Guitar*

You CAN learn to play the guitar! Learn the basics: strumming chords, reading rhythms, reading music and playing melodies. Buy *Method Book* in class for \$25. Contact instructor regarding guitar rental or purchase at (408) 247-2684. You may also email instructor with any questions at: rhguitarist@sbcglobal.net.

Piano – Beginning Day Series*

Beginning piano classes are ongoing and students may repeat these classes more than once based upon their individual progress and teacher's discretion. Students receive individual instruction during each class, but progress at their own pace.

Piano – Beginning 1A*

New to the piano? This class is where you start. You will learn basic music theory, how to read notes and find intervals quickly. You will get to know the keys on the piano, and play simple pieces in rhythm. Learn different finger exercises and scales. Bring the following to class:

- (1) Burnam's A Dozen a Day Preparatory Book
- (2) Alfred's Adult-All-In-One Course: Level one
- (3) a note book and/or music paper.

Questions: rebeccayue@yahoo.com

Enrichment Classes*

Piano – Beginning 1B*

Join current students in this beginning level of piano. You will play beautiful simple pieces in rhythm. You will learn scales, arpeggios and chord patterns on different keys. You will also build up confidence to play in public. Bring the following to class:

- 1) Burnam's A Dozen a Day Preparatory Book
- (2) Alfred's Adult-All-In-One Course: Level one
- (3) a note book and/or music paper.

Class requirements: Must be able to play with two hands and play songs with grand staff. Identify all the keys on the keyboard and read notes in the music.

Piano – Beginning 1C*

Join the intermediate levels of BEGINNING piano. Continue playing chords, scales, and arpeggios. Learn about music styles of playing and develop your own style. In addition, learn to play beautiful pieces as a soloist, in ensemble or in the "class symphony" Permission of the instructor required. Bring the following to class: (1) Czerny Op. 823 (2) Alfred's Adult-All-In-One Course: Level Two (3) a note book and/or music paper. No Lab fee. Class limited to 13 students.

Requirements: Completed Burnam's A Dozen a Day Book one and Alfred's Adult-All-In-One Course: Level one. Completed Scales and Arpeggios on major - C, G, F and minor – Am, Em, Dm.

Evening Piano 1A*

It is never late to start playing piano! This class is an introductory course in the rudiments of piano playing. You will learn notation, scales, intervals, chords, rhythm and meter. In addition, music history, theory, sight reading, and ear training will be included in this course. This class give you the opportunity to make music both individually and as part of a group. Required book: Alfred's Adult-All-In-One Course: Level One and a music notebook and/ or music paper.

Questions: rtmusicllc@comcast.com

Evening Piano 1B*

This class is an extension of Piano 1A Evening class and is also an excellent class for those who have equivalent skill level (please email instructor for approval). We will be continuing with the Alfred's book and also will explore improvisation and learning songs by ear, understanding how to play songs from lyric and lead sheets with chord symbols. Theory, improvisation, scales, chords and arpeggios will all be covered. Students should have blank notation paper, pencil. Other optional books with be the Mikro-cosmos by Bela Bartok. Start to build your own repertoire of songs and take your playing to the next level. Required book: Alfred's Adult-All-In-One Course: Level One and a music notebook and/ or music paper.

Questions: rtmusicllc@comcast.com.

Piano III – Intermediate/Advanced*

This group class is designed for those with previous piano experience and focuses on the intermediate to advanced levels. In each session we explore a specific genre or composer. We work on music from all periods, theory, technique, as well as duets and other ensembles. In this class you will enjoy being part of a group of adults that love the piano and music in general!

For questions about the level of material, please email the instructor at: abhatnagar@scusd.net

Music Made Easy

For class description, schedule, pricing and registration, go to www.ed2go.com/santaclara

PHOTOGRAPHY

About Instructor Pipkin

Jill Pipkin, M.A., has been photographing for years, and has traveled to France, Italy, Greece, England, Turkey and Iran to photograph architectural wonders and antiquities, as well as markets, bazaars and people. Her photographs have won many prizes and are in private collections. She has presented slide shows of her work at DeAnza. See photos on Flickr under m.j. jill pipkin.

Digital Camera Beginning DSLR and Compact Digitals*

- Leave Auto Mode
- Learn custom modes of your camera: aperture priority and time priority
- Learn how to choose attributes to customize photos
- Portraits, landscapes, blurring, selective focus, stop action
- Composition guidelines
- Assignments given to further understanding
- Field Trips
- In class discussion of photos taken

Class size limited. Questions: jillpipkin@gmail.com

Instructor: Pipkin

Day	Time	Site	Date	Sess.	Fee
W	6:30-9pm	Rm L3	1/29-2/26	4	\$105
W	6:30-9pm	Rm L3	4/22-5/13	4	\$105

NEW Advanced Digital*

- Further your understanding of options/interplay
- Finer points of customization
- Exposure compensation for better results
- Field Trips - discussed in class
- In class discussion of photos taken

Prerequisite: Digital Beginning or equivalent

Instructor: Pipkin

Day	Time	Site	Date	Sess.	Fee
W	6:30-9pm	Rm L3	3/8-4/8	4	\$105
W	6:30-9pm	Rm L3	5/27-6/17	4	\$105

Enrichment Classes*

PHOTOGRAPHY

About Instructor Vigeant

Noella Vigeant is a professional portrait photographer, specializing in commercial and portrait photography. Noella started as a hobbyist photographing family and places around the world for over 25 years. Noella is an artist and mother with a passion for preserving memories through photography. See her work at her Web site: www.noellavigeantphotography.com

Intro to Adobe Lightroom

Still working in the dark when it comes to your digital photo workflow? Step into Lightroom, the electronic darkroom for digital photography. This Lightroom introductory class is for beginner users who want a clear path through this fantastic software. Get ready to catalog your photography and peak into the development possibilities of a digital photograph. This class is software demonstration by professional photographer Noella Vigeant. Software not necessary. Intro class is followed by a full course. Questions: noellavigeant@gmail.com

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
Tu	6-9pm	F7	2/25-3/3	2	\$75

Photography - Flash Photography Workshop

Off Camera Flash Photography - This class is about one thing: Learning how to use off-camera flash with your DSLR to take your photography to the next level. You will need an external flash and a DSLR camera to really begin to learn how to light a subject with flash photography. This workshop is your first step into the world of lighting. This class focuses on getting directional lighting with a flash and some easy DIY tools for creating beautiful light with a flash. Materials Fee \$10. Bring our camera, flash, charged batteries (for both) and a sense of exploration to class.

Prerequisite: Must feel confident with Shutter and Aperture controls. Questions: NoellaVigeant@gmail.com.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
F	6-9pm	F7	2/28	2	\$100
Sa	10am-3pm		2/29		

Photoshop - Photo Restoration

Bring your family history back to life by restoring your classic family photos. In Photoshop Photo Restoration participants learn the program basics of Photoshop and the tools used by professional photographers to retouch and restore photographs. This class emphasis is on restoring family photos. Class includes scanning and re-photographing techniques, along with the Photoshop tools for repairing tears, stains, cracks and color fading. Materials fee \$5 payable first day of class. Laptops with loaded software welcome but not necessary. Questions: NoellaVigeant@gmail.com.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
Sa	9am-12pm	F7	3/7-3/28	4	\$150

Photography - Focus on Landscape

Focus your photography on California Landscapes as the season of spring light and spring colors descends upon us. Discover the principals of creating the depth in your photographs artists have understood for centuries but seldom get discussed in popular photography. Practice the art and technique of making photographic landscapes at two outings to local landscapes where we will venture for hands-on photography in the field. Materials fee \$25 payable first class. Questions: NoellaVigeant@gmail.com.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
Sa	12:45-3:45pm	F7	3/7-3/28	4	\$150

Adobe Lightroom

Still working in the dark when it comes to editing your digital photographs? Step into Lightroom, the electronic darkroom for digital photography. This Lightroom course focuses on the workflow between the camera and Lightroom to get the most from your digital photography. Import, export, organize, and discover techniques for developing your images. This class is hands-on, instructor-led training by professional photographer Noella Vigeant. Classes are task-based and focus on real-world scenarios and challenges students face in their day-to-day digital world. Bring your laptop with loaded software to class. \$5 materials fee payable first class. Please contact instructor at noellavigeant@gmail.com with software questions.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
Tu	6-9pm	F7	3/10-3/31	4	\$150

Enrichment Classes*

Matting and Framing - Fundamentals

Learn how to mat your artwork for framing. This class is a hands-on basic matting workshop for drawings, watercolors, pen and ink, photographs and other flat art. Bring your own artwork to class and leave with a matted masterpiece ready for the perfect frame. Lecture and matting demonstration along with mats (black and white only) and mat cutters available for participants to cut mats for their own works of art. Explore the fundamentals of Matting and Framing: why we frame, design principles, archival materials and the practicality of getting your artwork on the wall. Contact instructor for details on art size limits and image preparedness prior to class. Materials fee \$25 payable first class. Questions: NoellaVigeant@gmail.com.

Instructors: Vigeant, Sahn

Day	Time	Site	Date	Sess.	Fee
Sa	9am-1pm	F7	4/4	1	\$85

Adobe Spark – Intro to Social Media Visual Content

Are you ready to break into the field of Visual Content or just curious how to promote on today's social media platforms? Instagram, FaceBook and social media platforms demand photography and video content to tell quick and simple stories. Adobe debuts Spark, a suite of mobile and web tools that lets anyone create visual content. From classroom to explorers, Spark is used by students, businesses and everyday people. Open your eyes, your smart phone, and your possibilities to creating social graphics, photo web pages, web stories and animated video content for business, personal, and more. Contact instructor regarding software. noellavigeant@gmail.com. Class is introductory to the free Adobe Spark tool. Laptops welcome.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
Tu	5-9pm	F7	4/7	1	\$50

Adobe Photoshop for the Hobby Photographer

In this Photoshop for Photography course participants learn the program basics of Photoshop and the tools used by photographers to enhance and edit digital photographs. This class emphasis is on basic and intermediate level photo editing. Create brilliant color in the places you photograph. Experience the tools digital photographers use to bring out detail, sharpen and color correct. Start your portfolio of gorgeous photos. Materials fee \$5 payable first day of class. Class is designed for beginner and intermediate users. Questions: NoellaVigeant@gmail.com.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
T	6-9pm	F7	4/21-5/12	4	\$150



Photography - Classic Black and White

Many of the most powerful, memorable and effective photographs are black and white images. With digital photography though you can no longer take a great black and white photograph... but you can create one using the black and white photography techniques. Students will be challenged to visualize the world in black and white and produce striking portrait, landscape and travel photographs. In this course, participants use a digital camera to take photos and use computer software photo editing techniques in post processing software to make Classic Black and White photographs. Class includes one off campus photography outing. Photoshop and other software will be used - no prior knowledge necessary. Materials fee \$5 payable first day of class. Bring your camera and charged batteries to class. Questions: NoellaVigeant@gmail.com.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
Sa	12:45-3:45pm	F7	4/25-5/16	4	\$150

DSLR Focus on Manual Modes

Get out of auto and control exposure by learning the ins and outs of Manual Exposure. In this class you will use your camera in hands-on exercises to learn how to properly expose every photograph you make. Manual exposure is easier than you think once you understand Shutter and Aperture modes. Control over exposure ensures every photo is never too bright or too dark. Drastically improve your photography by learning to operate the camera manually.

Prerequisite: DSLR 1 or equivalent knowledge.

Questions: NoellaVigeant@gmail.com.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
Tu	6-9pm	F7	5/19-5/26	2	\$75

Enrichment Classes*

PHOTOGRAPHY

Portrait Photography - Evening Light

You don't need to own a studio to take good people pictures. Compose, pose and capture great images of people by learning the art of portrait photography. This class focuses on artificial and natural lighting used to make portraits in the golden hour, twilight, and ambient light. Through lecture and hands on exercises participants explore the reflecting light, measuring light, balancing light, white balance in the golden light, and working with subjects for making portraits. Bring your camera, charged batteries, and a tripod if you have one to class. Each class includes in-class and home assignments and tips for improving photo composition and lighting. Make beautiful pictures of the beautiful people in your life. Materials Fee \$10 payable 1st day of class. Class is hands-on learning with a professional photographer. Questions: NoellaVigeant@gmail.com.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
Tu	6-9pm	F7	6/9-6/30	4	\$150

Photography – Hot Summer Nights

Get out and photograph on those Hot Summer Nights. After dark is an awesome experience with today's Digital SLR cameras. This course focuses on the camera settings for long exposures in twilight light, blue light and evening light. Class includes two off-site photography adventure. On campus hands-on classes explore low light, existing light and camera settings for photographing fireworks. Bring your camera, manual(s), tripod (if

you have one), imagination and questions to class for hands-on low light and no light photography experience. Materials Fee \$5 payable 1st day of class. Prerequisite: DSLR1 or equivalent knowledge. Questions: NoellaVigeant@gmail.com.

Instructor: Vigeant

Day	Time	Site	Date	Sess.	Fee
Tu	6-9pm	F7	7/7-7/28	4	\$150

WRITING

About Instructor Pipkin

Jill has been a writer and an editor for many years. She has lived in France, Switzerland and Iran as well as having traveled in Mexico, Italy, Greece, England and Spain. Her memoir about Turkey was published in November 2011 (on Amazon.com). Jill also teaches digital photography.

Creative Writing Workshop*

- Memoir
- Novel
- Sci Fi
- Poetry
- Short story
- And more

Instructor: Pipkin

Day	Time	Site	Date	Sess.	Fee
M	10am-12pm	Rm D7	1/6-2/3	4	\$50
M	10am-12pm	Rm D7	2/24-3/16	4	\$50
M	10am-12pm	Rm D7	3/30-4/27	4	\$50
M	10am-12pm	Rm D7	5/4-6/1	4	\$50
M	10am-12pm	Rm D7	6/8-6/29	4	\$50

No Class: 4/13, 5/25

FENCING

Fencing Pedagogy

- Make fencing a lifestyle choice!
- Master the skills necessary to win the duel and to teach the next generation of sword-persons. Certification as a fencing teacher is offered, though not obligatory.
- Prerequisite: Successful completion of Fencing All Levels or equivalent fencing experience.

Questions? Contact Janine Sahm, Master at Arms, at jsahm@scusd.net.

Day	Time	Site	Date	Sess.	Fee
Sa	12-3pm	Multi	2/29-5/9	10	\$265
Sa	12-3pm	Multi	5/23-8/1	10	\$265

No Class: 4/18, 7/4

Fencing - All Levels

All skill levels welcome.

- Defend your honor and get some exercise!
- Build the skills necessary for the duel – offense, defense, counteroffense, footwork, precision and efficiency of movement, confidence, and more.
- All equipment supplied. Wear comfortable athletic clothes (no black) and shoes. Class meets twice a week.

Questions? Contact Janine Sahm, Master at Arms, at jsahm@scusd.net.

Day	Time	Date	Sess.	Fee
W/F	7-8:30pm	1/22-2/12	10	\$127
W/F	7-8:30pm	2/26-3/28	10	\$158
W/F	7-8:30pm	4/1-5/8	10	\$158
W/F	7-8:30pm	5/20-6/19	10	\$158
W/F	7-8:30pm	6/34-7/24	10	\$158

Wed. class - gym; Fri. class - Multi

No Class: 4/15, 4/17

Exercise & Wellness

AQUATICS						
Monday	Class	Time	Session 1 1/27-4/6 (10 classes)	Session 2 4/20-6/22 (9 classes)	Instructor	Location
	Early Workout	7-8 am	\$60	\$54	Meck	Pool
	Water Exercise	10-11am	\$60	\$54	Mount	Pool
	Lap Swim	12-1pm	Ongoing	Ongoing	Meck	Pool
	Swim All Levels	1-1:45pm	\$100	\$80	Meck	Pool
Tuesday	Class	Time	Session 1 1/28-4/7 (10 classes)	Session 2 4/21-6/23 (10 classes)	Instructor	Location
	Water Exercise	10-11am	\$60	\$60	Mount	Pool
	Lap Swim	12-1pm	Ongoing	Ongoing	Mount	Pool
	Swim Level 1	6:15-7pm	\$100	\$100	Mount	Pool
	Swim Level 1	7-7:45pm	\$100	\$100	Mount	Pool
	Swim All Levels	7:45-8:30pm	\$100	\$100	Mount	Pool
Wednesday	Class	Time	Session 1 1/29-4/8 (10 classes)	Session 2 4/22-6/24 (10 classes)	Instructor	Location
	Early Workout	7-8 am	\$60	\$60	Meck	Pool
	Water Exercise	10-11am	\$60	\$60	Mount	Senior Ctr
	Lap Swim	12-1pm	Ongoing	Ongoing	Mount	Pool
Thursday	Class	Time	Session 1 1/30-4/9 (10 classes)	Session 2 4/23-6/25 (10 classes)	Instructor	Location
	Water Exercise	10-11am	\$60	\$60	Mount	Pool
	Lap Swim	12-1pm	Ongoing	Ongoing	Mount	Pool
	Water Exercise	6:15 - 7:15pm	\$60	\$60	Mount	Pool
	Swim Level 2	7:15 - 8pm	\$100	\$100	Mount	Pool
Friday	Class	Time	Session 1 1/31-4/10 (10 classes)	Session 2 4/24-6/26 (10 classes)	Instructor	Location
	Early Workout	7-8am	\$60	\$60	Meck	Pool
	Water Exercise	10-11am	\$60	\$60	Mount	Senior Ctr
	Swim Level 2	8-8:45pm	\$100	\$100	Mount	Pool
Saturday	Class	Time	Session 1 2/1-4/11 (10 classes)	Session 2 4/25-6/27 (10 classes)	Instructor	Location
	Water Exercise	10-11am	\$60	\$60	Mount	Pool
	Swim Level 1	11:15am-12pm	\$100	\$100	Mount	Pool
	Swim Level 2	12:15-1pm	\$100	\$100	Mount	Pool
	Swim All Levels	1-1:45pm	\$100	\$100	Mount	Pool

Water job belts and noodles available. The pool is outdoors and heated for exercise. It is not a therapeutic pool. All participants are required to enter and exit the pool without assistance. Locker rooms with showers available. Pool entrance opens 15 minutes before class begins and closes 15 minutes after class.

Contact: Nada Meck, nmeck@scusd.net

Students can sign up for one or both sessions.

Exercise & Wellness

Aquatic Drop-in Card

Water Exercise – \$45 for 6 visits

Lap Swim – \$90 for 20 visits; \$25 for 5 visits

Purchase in the main office. No expiration!

OUTDOOR AQUATICS

Early Morning Water Workout

- Opportunity for lap swimming, water walking/running or water aerobics routine led by instructor in this multi-dimensional class.
- Focus on endurance, strength, range of motion and flexibility.
- Water weights, noodles, kickboards available to enhance water workout.

Questions? Please contact Nada Meck: nmeck@scusd.net.

Note: Drop-in punch cards will be available for purchase at front office. \$45 for 6 visits.

Please refer to page 21 for start dates and times.

Water Exercise

- Water provides opportunity to modify land based movements such as ; jumping jacks, cross country ski, jump rope without the impact on joints!
- Change of speed and directions in the water creates resistance in the water.
- Water weights and noodles will be used to challenge strength and balance.
- Move to the music and explore the benefits of water exercise with guided instruction..

Note: Drop-in punch cards will be available for purchase at front office. \$45 for 6 visits.

Please refer to page 21 for start dates and times.

Swimming - Level 1

- 45 minute class designed for people with little or no swim experience.
- Exercises will be provided to stimulate relaxation and comfort in the water.
- Walking across the shallow width, exhaling(bubble blowing) in the water, floating on front and back will be explored in this class.
- Steps to the crawl stroke is ultimate goal of class: glide, kick and arm movements.

No drop-ins allowed. Please refer to page 21 for start dates and times.

Swimming - Level 2

- 45 minute class for students who are comfortable and some swimming experience.
- Crawl stroke will be further developed including side breathing.
- Backstroke and treading water will be introduced.

No drop-ins allowed. Please refer to page 21 for start dates and times.

Swimming - All Levels

- Drills to focus on arm and length technique will be reviewed as well as side breathing.
- Goal of class is to swim the 25 yard length of pool!
- Laps or yardage will be added to workouts based on individual needs.
- Water treading, backstroke, breaststroke and butterfly will be emphasized.

No drop-ins allowed. Please refer to page 21 for start dates and times.

Lap Swim

- One hour open swim including 5 lanes extending 25 yards.
- All swim levels welcome! Kickboards, pull buoys available.
- Purchase punch card in the main office. \$90 for 20 visits/\$25 for 5 visits.
- Facility open 11:45am - 1:15pm. Locker rooms available.

Please refer to page 21 for start dates and times.

Exercise & Wellness

INDOOR WARM WATER CLASSES

Monday	Class	Time	Session 1 1/27-4/6 (10 classes)	Session 2 4/20-6/22 (8 classes)	Instructor	Location
	Arthritis	9-10am	\$60	\$48	Meck	Senior Ctr
	Low Back	10:15-11:15am	\$60	\$48	Meck	Senior Ctr
	Beginning Conditioning	11:30am-12:30 pm	\$60	\$48	Meck	Senior Ctr
Tuesday	Class	Time	Session 1 1/28-4/7 (10 classes)	Session 2 4/21-6/23 (10 classes)	Instructor	Location
	Low Back	9-10am	\$60	\$60	Meck	Senior Ctr
	Arthritis	10:15-11:15am	\$60	\$60	Meck	Senior Ctr
	Ai Chi	11:30am-12:30pm	\$65	\$65	Meck	Senior Ctr
	Arthritis	3-3:45pm	\$45	\$45	Ramirez	Senior Ctr
	Beginning Conditioning	3:45-4:30pm	\$45	\$45	Ramirez	Senior Ctr
Wednesday	Class	Time	Session 1 1/29-4/18 (10 classes)	Session 2 4/22-6/24 (10 classes)	Instructor	Location
	Arthritis	9-10am	\$60	\$60	Meck	Senior Ctr
	Low Back	10:15-11:15am	\$60	\$60	Meck	Senior Ctr
	Beginning Conditioning	11:30am-12:30pm	\$60	\$60	Meck	Senior Ctr
Thursday	Class	Time	Session 1 1/30-4/9 (10 classes)	Session 2 4/23-6/25 (10 classes)	Instructor	Location
	Low Back	9-10am	\$60	\$60	Meck	Senior Ctr
	Arthritis	10:15-11:15am	\$60	\$60	Meck	Senior Ctr
	Beginning Conditioning	3:15-4:15pm	\$60	\$60	Ramirez	Senior Ctr
Friday	Class	Time	Session 1 1/31-4/10 (10 classes)	Session 2 4/24-6/26 (10 classes)	Instructor	Location
	Arthritis	9-10am	\$60	\$60	Meck	Senior Ctr
	Low Back	10:15-11:15am	\$60	\$60	Meck	Senior Ctr
	Ai Chi	11:30-12:30pm	\$60	\$60	Meck	Senior Ctr

Santa Clara Adult Education provides various classes taught by certified and credentialed instructors at the Santa Clara Senior Center in a 92 degree pool. All classes are limited to 12 students. Due to the limited number of students there are no refunds. If a participant requires assistance, a caregiver must be present at all times to provide assistance. Pool entrance opens 10 minutes before class begins.

No Class: 1/20

Contact: Nada Meck, nmeck@scusd.net

Students can sign up for one or both sessions.

Exercise & Wellness



INDOOR WARM WATER CLASSES

Ai Chi

- Beautiful dance in the water
- Series of movements that are a coordination of deep breathing and slow motions in continual flowing patterns.
- Discover a new way to relax and energize yourself in the comfort of warm water!

Please refer to page 23 for start dates and times.

Arthritis Exercise

- Buoyancy in water combined with warmth of water making a safe, ideal environment for relieving arthritis pain and stiffness.
- Gentle movements increase joint flexibility and range of motion.
- Gain muscle strength with support of water

Please refer to page 23 for start dates and times.

Beginning Water Conditioning

- Designed for adults just beginning an exercise program.
- Warm water provides comfortable, low impact environment .
- Resistance of water adds physical benefits to muscles as well as range of motion and flexibility.

Proper technique, body alignment, low aerobic conditioning will be main focus.

Please refer to page 23 for start dates and times.

Low Back Class

- Low impact allows focus on balance and strengthening core muscles.
- Emphasis placed on abdominal and back muscles which provide support stabilization and support to spinal column and safe muscle conditioning,
- Water permits you to exercise with decreases muscle and joint tension.

Please refer to page 23 for start dates and times.

Drop-in Card

All Warm Water Classes \$45 for 6 visits

Purchase in the main office at 1840 Benton Street. No expiration!

Exercise & Wellness

EXERCISE AND TEAM SPORTS

Monday	Class	Time	Session 1 1/27-4/6 (10 classes)	Session 2 4/20-6/22 (9 classes)	Instructor	Location
	Soccer Indoor Women	7-8:30pm	\$105	\$95	Volta	Gym
	Soccer Indoor Coed	8:30-10pm	\$105	\$95	Volta	Gym
Tuesday	Class	Time	Session 1 1/28-4/7 (10 classes)	Session 2 4/21-6/23 (10 classes)	Instructor	Location
	Non-Impact Dance Aerobics	8:30-9:45am	\$65	\$65	Myers	Sr Ctr
	Karate Way	6-7pm	\$150 (Tu & Th)	5/5-6/25 \$150 (Tu & Th) 8 classes	Krill	Multi
Wednesday	Volleyball Coed	7:45-9:45pm	\$105	\$105	Negrete	Gym
	Class	Time	Session 1 1/29-4/8 (10 classes)	Session 2 4/22-6/24 (10 classes)	Instructor	Location
	Weight Training	7:30-9am	\$70	\$70	Hayashida	P3
Thursday	Class	Time	Session 1 1/30-4/9 (10 classes)	Session 2 4/23-6/25 (10 classes)	Instructor	Location
	Cross Training Fitness	12-1pm	\$60	\$60	Meck	H1
	Non-Impact Dance Aerobics	8:30-9:45am	\$65	\$65	Myers	Sr Ctr
	Karate Way	6-7pm	\$150 (Tu & Th)	5/7-6/25 \$150 (Tu & Th) 8 classes	Krill	Multi
	Tai Chi	7:30-9:30pm	\$105	—	Lienhart	Multi
	Soccer Indoor Coed	7:45-9:45pm	\$105	\$105	Volta	Gym
Friday	Class	Time	Session 1 1/31-4/10 (10 classes)	Session 2 4/24-6/26 (10 classes)	Instructor	Location
	Weight Training	7:30-9am	\$70	\$70	Hayashida	P3
	Strength & Stretch	8:30-9:30am	\$60	\$60	Meck	H1

EXERCISE & TEAM SPORTS

NEW! Cross Train Fitness

- Total body workout that takes your fitness to the next level!
- Fitness improvements will come from a variety of exercises that keep the body guessing!
- This combines aerobic and weight training movements that challenge endurance, strength and balance.
- Bring light handweights. Mats and other equipment will be provided. All welcome!

Please refer to page 25 for start dates and times.

Non-Impact Dance Aerobics

- Dynamic exercise class encourages active seniors to develop cardiovascular conditioning, muscular strength, balance, coordination and flexibility.
- Exercising to music extends beyond the self as many class members like to demonstrate for community activities.

Please refer to page 25 for start dates and times.

Exercise & Wellness

EXERCISE & TEAM SPORTS

Strength and Stretch

- End the week with an hour of movements to strengthen and stretch the entire body!
- Standing exercises, seated exercises and floorwork will promote this total body workout!
- This class is perfect for people for getting back into exercise as well as people that want to focus on muscle strength, activating the core muscles and deepening flexibility.
- Bring light hand weights. Mats and other equipment provided.

The Karate Way – Confident Self Defense

- Acquire the most effective self defense techniques and achieve exceptional health and fitness with the traditional art of Shotokan Karate.
- Build strength, endurance, focus and exude confidence and control of all aspects of life!
- For more info. Contact Wayne Krill at 408 739-7498/wkrill@hotmail.com.

Please refer to page 25 for start dates and times.

Tai Chi

- Experience better health happiness and longevity through this meditative experience.
- Perform a series of slow precise movements without strain or interruption.
- Tai Chi utilizes and stimulates nearly all parts of the body.

Please refer to page 25 for start dates and times.

Weight Training – Muscles for Life

- Work out on a multi-station gym, toning and shaping your body using cabled weights and more!
- Instructor will develop a personal training program and provide support.
- Drop-ins welcome!

Please refer to page 25 for start dates and times.

Volleyball – Co-Ed

- Includes serving, passing, hitting and digging.
- Some review of drills and basic skills with emphasis on team play.
- Class is designed for students that have some volleyball experience.

Please refer to page 25 for start dates and times.

Soccer – Indoor Women

- All levels of playing ability welcome! Basic Soccer skills and knowledge required.
- Classes will include development of technique, tactics and sportsmanship.
- All instruction is done through team play with an emphasis on enjoyment!
- Class size limit: 16

Please refer to page 25 for start dates and times.

Soccer – Indoor Co-Ed

- Designed for intermediate to advanced level male or female players.
- Class is structured around game strategy, teamwork and sportsmanship.
- All instruction done through team play with emphasis on enjoyment!
- Class size limit: 16

Please refer to page 25 for start dates and times.

Exercise & Wellness

YOGA & WELLNESS						
Monday	Class	Time	Session 1 1/27-4/6 (10 classes)	Session 2 4/20-6/22 (9 classes)	Instructor	Location
	Yin Yoga	6:30-7:30	\$70	\$63	Postek	H1
Tuesday	Class	Time	Session 1 1/28-4/7 (10 classes)	Session 2 4/21-6/23 (10 classes)	Instructor	Location
	Meditation II	5:45-7pm	—	4/28, 5/5, 5/12 (3 classes) \$25	Gronlund	P3
	Yoga for Strength & Relaxation	6-7:30pm	Session 1 2/4-3/31 (8 classes) \$85	Session 2 4/28-6/16 (8 classes) \$85	Peterson	H1
Wednesday	Class	Time	Session 1 1/29-4/8 (10 classes)	Session 2 4/22-6/24 (10 classes)	Instructor	Location
	Stress Free Healthy Living	9-10:30 am	\$105	\$105	Singh	H1
	Yoga Mind, Body, Intellect	7-8 pm	\$70	\$70	Giri	H1
Thursday	Class	Time	Session 1 1/30-4/9 (10 classes)	Session 2 4/23-6/25 (10 classes)	Instructor	Location
	Prenatal Yoga	5:30-6:30 pm	\$70	\$70	Despande	H1
	Feldenkrais	6:30-7:30 pm	\$60	\$60	Urruita	P3
	Hatha - All Levels	7-8:15 pm	\$88	\$88	Russel	H1
	Meditation II	10-11:15am	—	4/23, 4/30, 5/7 (3 classes) \$25	Gronlund	H1
Friday	Class	Time	Session 1 1/31-4/10 (10 classes)	Session 2 4/24-6/26 (10 classes)	Instructor	Location
	Gentle Yoga	10:15-11:30 am	\$88	\$88	Pamar	Senior Ctr
	Stress Free Healthy Living	9-10:30 am	\$105	\$105	Singh	H1

Please bring a mat and dress comfortably. Yoga straps and block are available in class.

Drop in fee \$10. Punch cards available at the main office. Contact: Nada Meck, nmeck@scusd.net

Students can sign up for one or both sessions.

YOGA & WELLNESS

Yin Yoga

- Slow paced and passive yoga practice.
- Form of yoga practice nurtures stillness, calmness, mindfulness and sense of being rested.
- Essential oils available and optional. All levels welcome!

Please refer to page 27 for start dates and times.

Yoga for Strength & Relaxation

- Experience the Iyengar systems of yoga, classical yoga postures with emphasis on alignment.
- Props may be used to aid and assist the student to achieve alignment teaching the body to sit, stand and move through daily life easily.
- Yoga mats available or bring own. Small blanket advisable.

Please refer to page 27 for start dates and times.

No Class: 2/18.

Exercise & Wellness

YOGA & WELLNESS

Yoga – Stress-Free Healthy Living

- Explore techniques of breath control(pranayama) yoga postures (asana) to gain mastery to quiet, strengthen and control the mind while creating inner harmony.
- Improve flexibility, alleviate muscle, joint and low back pain; increase energy; balance the nervous system.
- Improves symptoms of hypertension, diabetes and other glandular imbalance.
- Instructor has over 10 years experience of therapeutic yoga and is certified with 3 different yoga schools. All levels welcome!

Please refer to page 27 for start dates and times.

Yoga - Mind, Body, Intellect

- Use of ancient Indian yoga techniques to help keep body effective along with contentment of senses, mind and soul.
- Guided instruction will help students to gain improvements in physical, mental, emotional and spiritual health.
- Instructor is is certified from two universities and international recognition in Yoga and psychotherapy. All levels welcome!

Please refer to page 27 for start dates and times.

Meditation II and Breath Awareness

- Enhance your Meditation practice while developing breath awareness using proven techniques that will develop new habits
- This class will give the tools needed to reinforce daily practice
- Instructor has been practicing yoga, meditation and breathing techniques for over 30 years!

Please refer to page 27 for start dates and times.

Prenatal Yoga

- Gentle yoga helps moms-to-be in relieving stress in their mind and body.
- Class will focus on breath synchronization with movements to improve calmness of the mind.
- Gentle, deep stretches to relieve pain and postures to strengthen joints.
- Variety of relaxation techniques will help to take rest in short period of time and feel refreshed!

Please refer to page 27 for start dates and times.

Hatha Yoga - All Levels

- Class is perfect for all levels of students! You will increase flexibility, core strength and stamina by moving into various postures.
- You will learn to be aware of healthy breathing patterns and to reduce stress through relaxation and meditation techniques.
- Class combines ancient yoga traditions with advances in the modern science of mind/body to provide a blend of useful ways to move through life.

Please refer to page 27 for start dates and times.

Gentle Yoga

- Class designed to work and relax the body and mind with focus on the breath.
- Equal emphasis placed on building strength and balance, breathing mindfully and increasing flexibility while relaxing into the movement.
- Chairs available for students as a prop to experience yoga. All levels welcome!
- Please bring yoga mat as this class is held at the senior center. For questions about the class contact Sudha: sudhayoga@yahoo.com.

Please refer to page 27 for start dates and times.

Feldenkrais

- Feldenkrais method is for those who wants to reconnect with their natural abilities to move, think and feel.
- Feldenkrais method focuses on relationship between movement and thought.
- Increased mental awareness and creativity accompany physical movement.
- Bring a mat and towel.

Please refer to page 27 for start dates and times.

Exercise & Wellness

DANCE CLASSES						
Monday	Class	Time	Session 1 1/13 -3/30 (10 classes)	Session 2 4/20-6/29 (10 classes)	Instructor	Location
	International Folk Dance	7:30-9:30pm	\$78	\$78	Gault	Multipurpose Room
Tuesday	Class	Time	Session 1 2/25-3/31 (6 classes)	Session 2 4/21-5/26 (6 classes)	Instructor	Location
	Tango	7:45-9pm	\$55	\$55	Minton	H1
Wed	Country Western Line Dance	10:30-11:30am	1/29-4/8 (10 classes) \$60	4/22-6/24 (10 classes) \$60	Sjostrom	Senior Ctr
Thursday	Country Western Line Dance	10:30-11:30am	1/30-4/9 (10 classes) \$60	4/23-6/25 (10 classes) \$60	Sjostrom	Senior Ctr
Friday	Class	Time	Session 1 2/28-5/8 (10 classes)	Session 2 5/22-6/27 (6 classes)	Instructor	Location
	Salsa Dance - Beginner 1	6:30-7:30pm	\$90	\$55	Melnychenko	H1
	Salsa Dance - Beginner 2	8-9pm	\$90	\$55	Melnychenko	H1

DANCE CLASSES

NEW Argentine Tango

The dance where two people move as one. This class works on the art of tango, the art of movement, and the art of becoming one with your partner. Come learn this beautiful dance. The class will focus on leading and following, and basic steps to get you dancing with the music. Please wear leather or smooth sole shoes. No partner necessary.

Country Western Line Dance

- This one hour dance program will improve your cardiovascular fitness, muscle coordination, mental agility and group interaction with the fun and skills of line dancing!
- No partners needed! All levels welcome!

International Folk Dance

- Learn dances beginning and intermediate, partner and non-partner from the Balkans and Israel, through Western Europe and North America.
- Basic steps and styling useful for country western and ballroom.

No Class: 1/20, 2/17

Salsa Dance – Beginner I

- Discover rhythm and timing of salsa music
- Learn how to lead and follow your partner, basic footwork, dance positions and dance patterns
- No partners, no experience required
- Question/answer or practice time after class

Salsa Dance – Beginner II

- Practice skills learned in Salsa Dance I
- Styling the dance
- Learn solo steps
- No partners, no experience required
- Question/answer or practice time after class

Students can sign up for one or both sessions.

Support and Transition Services

Meet our transition and support team! They are here to serve and support you. Let them help you meet your educational and career goals.

CalWORKS Program



Gilbert Seegmiller - CalWORKS Program Coordinator

Email: gilbert.seegmiller@mvla.net

Phone: (408) 423-3540

If you meet certain income requirements and have children under the ages of 18, you may be eligible to receive cash assistance, support with school tuition, health-care and transportation.

Here are your options to determine if you qualify for the program:

Apply in person at these Santa Clara County Social Services Locations:

- Central San Jose: 1879 Senter Rd., San Jose, CA 95112, (408) 758.3500
- North County: 1330 W. Middlefield Rd., Mountain View, CA 94043, (408) 278.2400

Online: www.mybenefitscalwin.org

Counseling Services



Myrna Zendejas - Counselor

Email: mzendejas@scusd.net

Phone: (408) 423-3590

"The High School Diploma Program (HSD) is a self-paced independent study program. HSD offers adult students a flexible schedule to be able to complete their course work and still attend to life demands. If you're interested in earning your diploma, stop by and we'll guide you through the process and help you plan your next steps."

Career Advising



Chris Familetti- Career Advisor (Youth Program)

email: cfamiletti@novaworks.org

phone: (408) 730-7858 (NOVA Office)

Thursday mornings: (408) 423-3567 after 10am (at Santa Clara Adult Ed)

If you are a student (between 17-24 years old) enrolled in Adult Education, you could be eligible to explore NOVA's Career Guidance Services. Staff assist youth in exploring and developing educational and career goals. Goals focus on improving basic skills, attaining high school diploma/GED, pursuing higher education, training, and/or securing employment. Youth starting out in their careers are matched with employers offering work experience. Youth gain valuable skills, responsibility, and income; employers gain a motivated intern whose wages are subsidized by NOVA.

**Must meet eligibility requirements and have the right to work in the United States.*

Support and Transition Services

College and Career Transition Specialists



Gail Yee, Transition Specialist (Career Technical Education)

Email: gyee@scusd.net

Phone (408) 423-3512

"Being an instructor and transition specialist is very rewarding when you realize the impact you have in others' lives. Knowing that you are helping people to reach their goals and their appreciation of your role, whether as a teacher, transition specialist, or friend, is very satisfying."



Carla Macchello, Transition Specialist (English as a Second Language (ESL), High School Equivalency)

Email: cmacchello@scusd.net

Phone: (408) 423-3577

"If you would like to improve your English skills, or want to complete your High School Equivalency, we are here to support you. Our hope is to open new learning opportunities for you. It is inspiring to help adult students achieve successes they did not imagine possible. I look forward to meeting you and working with you toward your career and academic goals."

The Family Resource Center

1840 Benton Street (Building C), Santa Clara, CA 95050

The Family Resource Center (FRC) provides Santa Clara Unified School District (SCUSD) families with support, basic needs (food, toiletries, clothes, and school supplies), school and community resources, and parent education. Our services are available to all students and families enrolled in our Preschool through Adult Education programs. To learn more about the FRC, visit the SCUSD website (www.santaclarausd.org) or stop by for a tour.

Hours:

Monday 8:00 am - 7:00 pm

Tuesday 8:00 am - 4:00 pm

Wednesday 8:00 am - 7:00 pm

Thursday 8:00 am - 4:00 pm

Friday 8:00 am - 3:00 pm

or by appointment



Johanna Gonzalez (Bilingual Spanish) Family Resource Center Facilitator

Email: johgonzalez@scusd.net

Phone: 408-423-3528

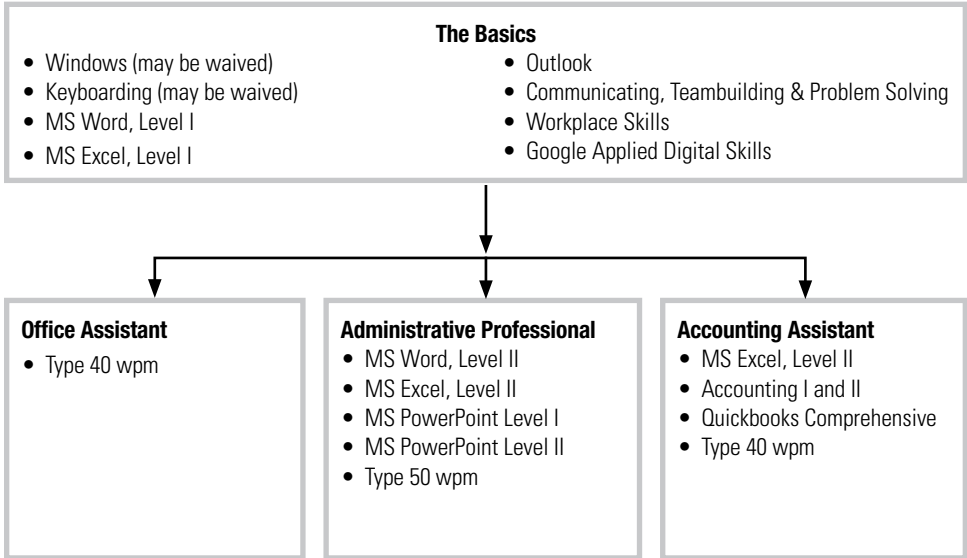
Career-Technical Education at a Glance

Course	Dates	Days	Time	Sessions	Fee	Instructor	Room
HEALTHCARE							
Medical Assistant Day Program	1/13-5/14	Mon-Fri	8:30am-2pm	78	\$1,500	King	P1/J2
Medical Assistant Evening Program	2/24-7/16	Mon-Fri	5-9 pm	97	\$1,500	Esquivel	P1/J2
Eye Care Technician	2/4-5/7	Tue/Thu	9am-12pm	24	\$499	Singer	J2
Medical Office Assistant	5/25-7/2	Mon-Fri	8:30am-2pm	25	\$690	King	P1/J2
BUSINESS / FINANCE							
Office Skills Computer Lab	1/13-5/27	Mon/Wed	10am-12pm	34	\$69	Rice	K2
Office Skills Computer Lab	1/13-5/27	Mon/Wed	12:30-2:30pm	34	\$69	Rice	K2
Office Skills Computer Lab	1/13-5/27	Mon/Wed	6-8pm	34	\$69	Rice	K2
Office Skills Computer Lab	1/14-5/28	Tue/Thu	6-8pm	35	\$69	Rice	K2
Google Applied Digital Skills	1/27-4/9	Tue/Thu	12:30-2:30pm	20	\$69	Rice	K2
Communication, Teambuilding	1/14-5/8	Tue/Thu	9am-12pm	30	\$89	Yee	P5
Accounting 1	1/18-3/21	Sat	9am-2pm	9	\$69	Chand	E2
Accounting 2	3/28-5/30	Sat	9am-2pm	9	\$69	Chand	E2
QuickBooks Comprehensive	1/13-5/25	Mon	6-9pm	18	\$89	Chand	K1
COMPUTER INFORMATION TECHNOLOGY (CIT)							
Programming in Python	1/15-3/35	Wed	6:30-9:30pm	10	\$329	Avula	J2
Python Beyond the Basics	4/22-5/27	Wed	6:30-9:30pm	5	\$185	Avula	J2
Introduction to SQL and Database Design	1/14-2/27	Tue/Thu	6-9pm	12	\$249	Farmer	J2
Advanced SQL for Data Analysis	3/3-4/9	Tue/Thu	6-9pm	12	\$249	Farmer	J2
Computer Aided Design and Prototyping with the 3D Printer	4/21-5/28	Tue/Thu	6-9:30pm	10	\$269	Farmer	J2
COMMUNITY COLLEGE CTE COURSES ON CAMPUS							
Step into Water Management - by West Valley College	1/21-4/28/20	Tue/Thu	6-8pm	26	FREE	Ow	P5
ESL 940EC ESL for Child Care (3.0 Lecture) - Mission College	Orientation 1/23 start date 1/30	Thu	6:20-9:40pm	1	FREE	Rosner	L2
CHD 001 Child, Family, and Community (3.0 Lecture) - Mission College	Orientation 1/21 Start date 1/27	Mon	6:30-9:40pm	1	FREE	TBD	L2

Office Skills Certificate Programs



Class details start on 35

The following classes are required for their respective programs:



Office Skills Computer Training

Suggested Course Sequence

LEVEL 1			
Keyboarding	Windows	Google Applied Digital Skills	
			
LEVEL 2			
Word	Excel	PowerPoint	Outlook
			
LEVEL 3			
Access			

Office Skills Training Program Dates	
First day to register	11/18/2019
First day of term	(Please see individual class description)
Last day of term	(Please see individual class description)
Holidays/No Class	1/20, 2/17-2/22, 4/13-4/18, 5/25

Office Skills Training Program

All of the classes in the Career-Technical Education program are designed to assist you in finding and maintaining employment. State funding requirements do not allow students to take these classes for personal interest only.

Training Program Orientation

- Meet with an adviser to select individual Office Skills courses or
- Develop a personalized schedule for the career training programs
 - Administrative Professional
 - Accounting Assistant
 - Office Assistant

Preregistration required.

Prerequisite: None

Instructor: Yee (gyee@scusd.net)

Day	Time	Site	Date	Sess.	Fee
W	11:30am-1pm	Rm P5	12/4	1	Free

Workplace Skills and Professional Business Writing

Offered in the Fall.

Communicating, Teambuilding and Problem Solving

- Understand team roles, team goals, teamwork
- Implement effective meeting strategies
- Apply problem solving skills: Identify root cause, select, implement, and monitor solutions

Prerequisite: 8th grade level English

Textbook: Provided in class

Instructor: Yee (gyee@scusd.net)

Day	Time	Site	Date	Sess.	Fee
Tu/Th	9am-12pm	Rm P5	1/14-5/8	32	\$89

Student Testimonial:

"I learned a lot of effective communication skills from this class."

NEW: SEMESTER PASSES (Optional)

Enjoy more **Flexibility** and **Savings** with our new optional Semester Passes!

Semester Pass

Office Skills Computer Lab

\$225

(savings up to \$51)

Attend any of the 4 time slots as often as you want at the time you want

Ideal for anyone who wishes to complete more than one office application in a semester and who wants a flexible schedule

Semester Pass

Total Office Skills

\$350

(savings up to \$84)

Included:

- 4 Office Skills Computer Lab time slot
- Google Applied Digital Skills
- Workplace Skills

Ideal for anyone pursuing the Office Assistant or Administrative Professional certificate

Semester Pass

Accounting

\$200

(savings up to \$27)

Attend all 3 accounting classes:

- Accounting 1
- Accounting 2
- QuickBooks Comprehensive

Ideal for anyone pursuing a career in accounting or completing the Accounting Assistant program

Semester Pass

Office Skills and Accounting

\$500

(savings up to \$161)

Included:

- 4 Office Skills Computer Lab time slots
- Google Applied Digital Skills
- Workplace Skills
- Accounting 1, Accounting 2, and QuickBooks Comprehensive

Ideal for anyone pursuing the Accounting Assistant or Administrative Professional certificate

Office Skills Training Program

Please read this information before you register.

Office Skills Computer Lab - Ongoing Enrollment

Self-Paced • Instructor-Guided • Video-Supported

- Pick your time slot
- Enroll any time
- Focus on one application or work on multiple applications during your time slot
- Study without pressure at your own pace
- Seek assistance from the instructor if needed

Prerequisites: See class description

First Day of Term: 1/13/20

Last Day of Term: 5/28/20

Instructor: J. Rice (jrice@scusd.net)

Applications

- Keyboarding and 10-key
- Outlook
- Windows 10
- MS Word Level 1 and Level 2
- MS Excel Level 1 and Level 2
- MS PowerPoint Level 1 and Level 2
- MS Access Level 1 and Level 2

Fee: \$69 per time slot

(for semester pass, see p. 36)

TIME SLOTS

Mon/Wed 10:00am-12:00pm	Mon/Wed 12:30-2:30pm	Mon/Wed 6:00-8:00pm	Tue/Thu 6:00-8:00pm
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Google Applied Digital Skills

Mastering the G Suite

The curriculum was developed by Google to teach adult learners the digital skills they need to manage and operate a small business or office by using the Google G Suite to create documents, spreadsheets, presentations and more.

The course involves:

- Project-based learning
- Applying digital tools to manage workplace tasks
- Digital collaboration and communication in a team
- Project management
- Researching information and evaluating the sources

Prerequisite: Computer Literate

Textbook: 8th grade English

Instructor: J. Rice (jrice@scusd.net)

Day	Time	Site	Date	Fee
T/Th	12:30-2:30pm	Rm K2	1/27-4/9	\$69

(Semester pass available, see page 34)

Keyboarding and 10-Key

Increase your speed and accuracy:

- Basic touch-typing exercises and advanced techniques
- Graphical keyboarding drills, tests, games and scores

Prerequisite: None

Textbook: None

Time: Pick your time slot

Cost: \$69 (or semester pass)

Typing Certificate Test By Appointment

Students and community members who are required to show proof of their typing proficiency can schedule an appointment for a certification test. The test will be a minimum of 5 minutes. The official certificate will state the gross words per minute (wpm), the net wpm, and the number of errors.

Contact Gail Yee via email gyee@scusd.net or voice mail 408-423-3512 to schedule an appointment. \$20

Windows 10

Learn the fundamentals of the Windows 10 operating system. Prerequisite for the Office Skills Training Program.

Prerequisite: Able to read and speak English.

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

Outlook 2016

Organize your personal information and projects in a single place:

- Use Calendar for time management
- Email with Outlook
- Create and manage contact database
- Manage projects with calendar, task and notes

Prerequisite: Must know Windows.

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

Office Skills Training Program



Word 2016 – Level 1

Step into this powerful word processing and document creation application:

- Create, edit, and print documents
- Create attractive flyers and newsletters
- Create tables, resumes and large reports

Prerequisite: Must know Windows.

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

Word 2016 – Level 2

Expand your Word skills and gain expertise:

- Produce multi-page reports including tables of content, footnotes, and endnotes
- Create macros
- Collaborate with co-workers by applying sharing features
- Create templates

Prerequisite: Word Level 1 or similar experience

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

Excel 2016 – Level 1

Build your foundation for spreadsheet development, data visualization and data analysis:

- Create, edit and format worksheets
- Apply basic formulas and 3-D references
- Manage and link multiple worksheets
- Create different types of charts
- Enhance worksheets with various formatting tools

Prerequisite: Must know Windows.

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

Excel 2016 – Level 2

Expand your Excel skill:

- Use table features, outlines and templates
- Write, run and edit Macros
- Use complex functions Hlookup, Vlookup, Goal-Seek, Solver, PMT and FV
- Use pivot tables and pivot charts for data analysis

Prerequisite: Excel Level 1 or similar experience.

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

PowerPoint 2016 - Level 1

Master the basic steps for creating presentations:

- Create basic slides
- Apply themes, transitions, and sounds
- Use clipart, pictures and animations

Prerequisite: Must know Windows.

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

PowerPoint 2016 - Level 2

Build on your Skills:

- Edit and create slide Masters
- Add tables
- Link and automate a slide shows
- Presentation connection techniques
- Online collaboration

Prerequisite: PowerPoint Level 1 or similar experience.

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

Access 2016 – Level 1

Learn the fundamentals of database concepts and design:

- Create and manage database files
- Add, edit, preview, delete and print records
- Modify table structures
- Prepare queries and analyze data

Prerequisite: Must know Windows.

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

Access 2016 – Level 2

Build database proficiency:

- Examine and edit database objects
- Explore advanced query tasks
- Use Form Design View
- Use Report Design View

Prerequisite: Access Level 1 or similar experience

Textbook: See page 38

Time: Pick your time slot

Cost: \$69 (or semester pass)

**Enjoy more Flexibility and Savings
with our new optional Semester
Passes. See page 36 for details**

Transferable Credits to Community College

Please note: Transferable classes are specific to the colleges noted in the table. Students who earn a certificate may be eligible for credit from respective articulated agreements.

To obtain credits from respective college, student must register and sign up for classes at that college within 2 years from Santa Clara Adult Education course certificate date.

For more information, please contact Gail Yee at (408) 423-3512 or email at gyee@scusd.net.

Santa Clara Adult Education Class	Mission College Class	Credit(s)	San Jose City College Class	Credit(s)
Windows	CA 070, Windows	1	CA 202D, Windows	1
Outlook	NA		CA 080D, MS Outlook	1
Word Level I	CA 033A Word Processing - Course 1	3	CA 040D, MS Word Specialist	1
Word Level II	CA 033B Word Processing - Course 2	3	CA 045D, MS Word Expert	1
Excel Level I	CA 062B An Introduction to MS Excel	1	CA 050D, MS Excel Specialist	1
Excel Level II	CA 063B Intermediate MS Excel	2	CA 055D, MS Excel Expert	1
PowerPoint Level I	CA 046D, Introduction to MS PowerPoint	1	CA 070D, MS PowerPoint Specialist	1
PowerPoint Level II	CA 046E, Intermediate MS PowerPoint	1	NA	
Access Level I	N/A	1	CA 060D, MS Access Specialist	1
Access Level II	N/A	2	CA 065D, MS Access Expert	1
Quickbooks Compliance	N/A		Acct 030, Quickbooks	3
Accounting Levels I and II	Acc022, Basic Accounting Principles and Procedures	5	Acct 101, Bookkeeping for Small Business	3
Workplace Skills ad Professional Business Writing AND Communicating , Team Building & Problem Solving	BU 078B, Business Communications	3	N/A	

Other Adult Schools near Santa Clara in our Consortium

Campbell Adult and
Community Education
1224 Del Mar Avenue
San Jose, CA 95128
(408) 626-3402
www.cace.cuhsd.org

East Side Adult Education
625 Educational Park Drive
San Jose, CA 95133
(408) 928-9300
adulthoodeducation.esuhd.org

Independence Adult Center
625 Educational Park Drive
San Jose, CA 95133
(408) 928-9300
adulthoodeducation.esuhd.org

Milpitas Adult Education
1331 East Calaveras Blvd.
Milpitas, CA 95035
(408) 635-2692
mcd.schoolloop.com

Overfelt Adult Education
1901 Cunningham Ave.
San Jose, CA 95122
(408) 254-8100
adulthoodeducation.esuhd.org

Silicon Valley Adult Education
760 Hillsdale Ave.
San Jose, CA 95136
(408) 723-6450
www.metroed.net

Textbook List

Textbooks are available from on-line sources:

- www.worthyjames.com, Accounting book publisher (discounted if purchased from publisher)
- www.lablearning.com - MS Office book publisher
- www.barnesandnoble.com
- www.amazon.com

Note: Textbooks are required on the first day of class.

ACCOUNTING CLASSES

CLASSES	TEXTBOOK	ISBN
ACCOUNTING LEVEL I	<i>Basic Accounting Concepts, Principles, and Procedures, Volume 1, 2nd Ed.,</i> Mostyn	ISBN-10: 0991423100 ISBN-13: 978-0991423101
ACCOUNTING LEVEL II	<i>Basic Accounting Concepts, Principles, and Procedures, Volume 2, 2nd Ed.,</i> Mostyn	ISBN-13: 978-0991423118 ISBN-10: 0991423119
Quickbooks 2018	<i>QuickBooks Desktop 2018: Comprehensive</i> Labyrinth Learning	ITEM: 1-64061-004-0 ISBN-13: 978-1-64061-004-0

MS OFFICE

CLASSES	TEXTBOOK	ISBN
ACCESS 2016 LEVEL I and II (3 options)	<i>Microsoft Access 2016: Essentials</i> Labyrinth Learning (ebook and eLab)	ITEM: 1-59136-866-9 ISBN-13: 978-1-59136-866-3
	<i>Microsoft Access 2016: Essentials</i> Labyrinth Learning (ebook & eLab with B&W Loose-leaf Text)	ITEM: 1-59136-915-0 ISBN-13: 978-1-59136-915-8
	<i>Microsoft Access 2016: Essentials</i> Labyrinth Learning (spiralbound Textbook & eLab)	ITEM: 1-59136-867-7 ISBN-13: 978-1-59136-967-0
EXCEL 2016 LEVEL I and II (3 options)	<i>Microsoft Excel 2016: Comprehensive</i> Labyrinth Learning (ebook and eLab)	ITEM: 1-59136-848-0 ISBN-13: 978-1-59136-848-9
	<i>Microsoft Excel 2016: Comprehensive</i> Labyrinth Learning (ebook & eLab with B&W Loose-leaf Text)	ITEM: 1-59136-483-3 ISBN-13: 978-1-59136-483-2
	<i>Microsoft Excel 2016: Comprehensive</i> Labyrinth Learning (spiralbound textbook & eLab)	ITEM: 1-59136-846-4 ISBN-13: 978-1-59136-846-5
OUTLOOK 2016	<i>Fast Course Outlook 2016</i> Labyrinth Learning	ITEM: 1-59136-955-7 ISBN- 13: 978-1-59136-965-3
POWERPOINT 2016 LEVEL I and II (3 options)	<i>Microsoft PowerPoint 2016: Essentials</i> Labyrinth Learning (ebook and eLab)	ITEM: 1-59136-857-X ISBN- 13: 978-1-59136-857-1
	<i>Microsoft PowerPoint 2016: Essentials</i> Labyrinth Learning (ebook & eLab with B&W Loose-leaf Text)	ITEM: 1-59136-914-2 ISBN- 13: 978-1-59136-914-1
	<i>Microsoft PowerPoint 2016: Essentials</i> Labyrinth Learning (spiralbound textbook & eLab)	ITEM: 1-59136-858-8 ISBN-13: 978-1-59136-858-8
WINDOWS 10	<i>Welcome to Computer Basics - Windows 10 and Office Online</i> Labyrinth Learning (textbook)	ITEM: 1- 59136-791-3 ISBN-13: 978-159136-791-8
WORD 2016, LEVEL I and II (3 options)	<i>Microsoft Word 2016, Comprehensive</i> Labyrinth Learning (ebook and eLab)	TEM: 1- 59136-833-2 ISBN-13: 978-159136-833-5
	<i>Microsoft Word 2016, Comprehensive</i> Labyrinth Learning (ebook & eLab with B&W Loose-leaf Text)	ITEM: 1- 59136-912-6 ISBN-13: 978-159136-912-7
	<i>Microsoft Word 2016, Comprehensive</i> Labyrinth Learning (spiralbound textbook & eLab)	ITEM: 1-59136-834-0 ISBN-13: 978-1-59136-834-2

Accounting Assistant Training

Textbook: See “Textbook List” on page 38 for details. Must have books before class.

Transferable Credits: Our Accounting and QuickBooks classes are eligible for Community College credits at Mission College and/or San Jose City College. Please see page 37 for details or ask your instructor for more information.

All of the classes in the Career-Technical Education program are designed to assist you in finding and maintaining employment. State funding requirements do not allow students to take these classes for personal interest only.



Accounting Level I

Build your accounting foundation and learn about basic accounting concepts and procedures:

- Visualize and analyze transactions
- Use debits, credits, journals and ledgers
- Identify and work with financial statements
- Understand GAAP and the conceptual framework of accounting

Prerequisite: *Prerequisite: 8th grade math*

Recommended Co-Enrollment: QuickBooks Comprehensive

Textbook: See page 38

Instructor: V. Chand (vchand@scusd.net)

Day	Time	Site	Date	Sess.	Fee
Sat	9am-2pm	Rm E2	1/18-3/21	9	\$69

(Semester pass available, see page 34)

Accounting Level II

Expand on the accounting basics and gain proficiency

- Apply accounting principles to key accounts
- Decide on cash vs. accrual basis
- Conduct Accounts Payable and Accounts Receivable transactions
- Set up and process payroll
- Close books

Prerequisite: *Accounting Level I*

Recommended Co-Enrollment: QuickBooks Comprehensive

Textbook: See page 38

Instructor: V. Chand (vchand@scusd.net)

Day	Time	Site	Date	Sess.	Fee
Sat	9am-2pm	Rm E2	3/28-5/30	9	\$69

(Semester pass available, see page 34)

QuickBooks Comprehensive

Gain proficiency in this popular accounting software used by over 5.5 million small businesses in the United States.

- Customize QuickBooks files for a typical company
- Work with vendors and customers
- Reconcile bank accounts
- Work with estimates and time tracking
- Manage balance sheet accounts and budgets
- Close books

Prerequisite: *Computer literate, 8th grade Math*

Textbook: See page 38

Instructor: V. Chand (vchand@scusd.net)

Day	Time	Site	Date	Sess.	Fee
M	6-9pm	Rm K1	1/13-5/25	18	\$89

(Semester pass available, see page 34)

Healthcare Careers

Healthcare is the fastest growing industry and the largest source of jobs in the United States. It is estimated that health care jobs will account for a third of all new US jobs in the near future. Therefore Santa Clara Adult School is collaborating with local health care providers to develop career training programs that prepare our students for the local labor market and lead to industry certifications and employment.

ORIENTATION Healthcare Training Programs					
Medical Assistant - Eye Care Technician					
Medical Assistant Training: Potential students <i>must</i> attend an orientation prior to enrollment.	Day	Time	Site	Date	Fee
	W	6-7pm	P5	1/8	No cost
Instructor: C. Webb (cwebb@scusd.net) Online Registration required	Sat	10-11am	P5	1/11	No cost
	W	6-7pm	P5	1/22	No cost
	W	6-7pm	P5	1/29	No cost
	Sat	10-11am	P5	2/8	No cost
	W	6-7pm	P5	2/12	No cost
	W	6-7pm	P5	2/19	No cost
	W	6-7pm	P5	3/18	No cost
	Sat	10-11am	P5	3/21	No cost
	W	6-7pm	P5	4/22	No cost
	W	6-7pm	P5	5/13	No cost
	Sat	10-11am	P5	5/16	No cost

In Collaboration with the Santa Clara County Optometric Society (SCCOS), the Alameda Contra Costa Counties Optometric Society (ACCCOS), the San Mateo Optometric Society (SMOS) and the California Division of Apprenticeship Standards!

EYE CARE TECHNICIAN TRAINING PROGRAM (Optometric Assistant)

(Pre-Apprenticeship Program – Paid On-The-Job Training Opportunities
Job Placement Assistance)

Eye Care Technicians are allied health professionals and part of the vision care team and work with the optometrist to assist patients. This course includes:

- Classroom and skills lab
- Guest lectures and training by local optometrists
- 4- hour job shadowing at local optometrists, ophthalmologists or opticians
- All successful completers with 90% or higher on the final exam are eligible for **paid on-the-job training (OJT)** at participating local optometrists
- Job Placement Assistance for all graduates by Advanced Eyecare Professional Optometric Group

Great training opportunity for advanced English learners!

Prerequisite: 8th grade math skills, Computer literate

Instructor: M. Singer (msinger@scusd.net)



Days	Time	Site	Date	Session	Fee
Tu/Th	9am-12pm	J2	2/4-5/7	24	\$499

Medical Assistant Training Program - Front and Back Office (NCMA)

(National Certification by National Center for Competency Testing (NCCT))

Step into one of the fastest growing career fields in the United States and become proficient in Front and Back Office skills including:

- Electronic Health Record Keeping
- Insurance Billing and Coding
- Computerized Practice Management
- Vital Signs
- Injections and Blood Draws
- Clinical and Cardiology Procedures

FREE Resume workshop included

Cost Breakdown	
Tuition	\$1,000
Lab Fee (Includes Stethoscope, BP cuffs and all supplies)	\$500
Total Program Fee	\$1,500
Payment Schedule:	\$50 Registration Fee (non-refundable) \$700 payable by first day of class \$750 payable after 10 weeks
Additional out-of-pocket costs for students will occur for textbook, uniform, immunizations, professional liability insurance and NCCT test fee.	

Prerequisites:

- High School Diploma or equivalent
- Attend an Orientation prior to enrollment (for dates see page 40)

Recommended Online Preparation Courses with our training partner Ed2Go:

- Medical Terminology – A Word Association Approach (24 hours – self-pace - \$115)
- Medical Math (24 hours – self pace - \$115)

Dates for Spring Cohorts

Day Program	Days	Time	Site	Date
	Mon-Fri	8:30am-2:00pm	Rm P1	1/13-5/14
Evening Program	Days	Time	Site	Date
	Mon-Fri	5:00-9:00pm	Rm P1	2/24-7/16

NEW Medical Office Assistant

This 6-week intensive course gets you ready for employment and provides a solid understanding of

- Medical Terminology
- Computerized Practice Management with EMR software
- Good Communication and Interpersonal Skills
- Accounting Procedures
- Insurance Billing Procedures
- Medical ethics and laws

Resume and Interview Skills workshop included.

Prerequisite: 8th grade English and Math; computer literate

Instructor: M. King (mking@scusd.net)

Day	Time	Site	Date	Sess.	Fee
M-F	8:30am-2pm	Rm P1	5/25-7/2	25	\$690 or 2 payments of \$345

Log On and “Like”
Santa Clara Adult Education



Computer Information Technology (CIT)



Programming in Python

This is an introduction to Python and some coding experience is required.

- Introduction to Python programming
- Focus on testability of programs
- Weekly hands-on lab exercises

Prerequisite: Basic knowledge of any programming language.

Textbook: *The Quick Python Book (2nd Ed.)* by Ceder, Manning: ISBN-13: 978-1617294037

Instructor: B. Avula (bavula@scusd.net)

Day	Time	Site	Date	Sess.	Fee
W	6:30-9:30pm	Rm J2	1/15-3/25	10	\$329

Python – Beyond the Basics

Deepen your knowledge of Python and build on your foundation in this intermediate programming course with hands-on lab exercises and contextual scenarios.

Prerequisite: Beginning Knowledge of Python

Textbook: *The Quick Python Book (3 e)* by Ceder, Manning: ISBN-13: 978-1617294037

Instructor: B. Avula (bavula@scusd.net)

Day	Time	Site	Date	Sess.	Fee
W	6:30-9:30pm	Rm J2	4/22-5/27	6	\$185



Introduction to SQL and Database Design

This project-based course introduces learner to the basic design principles associated with the implementation of a relational database and the Structured Query Language (SQL) statements:

- Create database objects including tables, column definitions, constraints, indexes and views.
- Use table and column constraints to manage database relational integrity.
- Use of SQL to create database objects using the Data Definition Language (DDL) syntax.
- Use of the SQLite database management system

Prerequisite: Computer literate.

Required: Students must bring their own laptop or MacBook to download SQLite

Instructor: K. Farmer (kfarmer@scusd.net)

Day	Time	Site	Date	Sess.	Fee
T/Th	6-9pm	Rm P5	1/14-2/27	12	\$249

Advanced SQL for Data Analysis

Learners will use advanced SQL query functions to conduct basic and complex data analysis:

- Use SQL to insert, update and delete table rows using the Data Manipulation Language (DML) syntax.
- Use SQL to perform simple queries for identifying data content and analysis.
- Use of advanced SQL functions to perform simple and complex data analysis on actual business data.

Prerequisite: Familiarity with SQL.

Required: Students must bring their own laptop or MacBook to download SQLite

Instructor: K. Farmer (kfarmer@scusd.net)

Day	Time	Site	Date	Sess.	Fee
T/Th	6-9pm	Rm P5	3/3-4/9	12	\$249

Computer Aided Design (CAD) and Prototyping with the 3D Printer

This course introduces learners to design concepts, the basics of CAD software and the creation of 3D models:

- Use computer aided design software to create design models
- Prepare the designs for optimal printing
- Print the objects on the 3D printer
- Understand the end-to-end procedures in the overall process of design

Prerequisite: Computer Literate.

Required: Students must bring their own laptop or MacBook

Instructor: K. Farmer (kfarmer@scusd.net)

Class size is limited to 12 students. Enrollment first come – first serve

Day	Time	Site	Date	Sess.	Fee
T/Th	6-9pm	Rm P5	4/21-5/28	12	\$269 (includes material fee)

MORE THAN 500 ONLINE COURSES



Learn
from the
comfort of
home!

Online Courses

*anytime, anywhere...
just a click away!*



Learn Online!

Online Courses are informative, fun, convenient, and highly interactive. Courses are project oriented and include lessons, quizzes, hands-on assignments, discussion areas, six week format, supplementary links, and more.

You can complete any course entirely from your home or office, any time of the day or night.

Courses include:

- **Expert Instructor**
- **24-Hour Access**
- **Online Discussion Areas**
- **6 Weeks of Instruction**
- **Hundreds of courses to choose from**
- **Monthly start sessions**

C# Programming Series - \$299

Learn the fundamentals of computer programming with C#, the in-demand and incredibly useful programming language that incorporates the best features of Visual Basic, C++, and Java.

Creating Web Pages - \$125

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Creating WordPress Websites

Series - \$229 This series of courses will take you from having zero experience and knowledge of web design to more advanced techniques.

HTML and CSS Series - \$299

Learn to use CSS3 and HTML5 to create professional-quality websites for desktops, laptops, and mobile devices.

Java Programming Series - \$229

Learn Java programming, one of the most widely used computer languages, in this discounted series of courses

Oracle Series - \$229

Learn how to use the Oracle database management system and gain hands-on experience with Oracle's PL/SQL programming language.

Project Management Suite - \$299

In this suite, learn the essentials of project management as you learn to plan, implement, control, and close any type of project along with essential quantitative and qualitative project management applications.

Supply Chain Suite - \$299

Discover and master the fundamentals of purchasing and supply chain management with this group of online classes.

www.SantaClaraAdultEd.org
408.423.3500

Community College Collaboration

Water Treatment Operator

(West Valley College Course Water Treatment1)

Students learn about **water resources, water quality, unit operations of water treatment, public health requirements, and basics of water chemistry and aquatic microbiology.** The course prepares students for the Water Treatment Operator's Certificate examinations (T1) given by the State of California's Water Resources Control Board.

Water Treatment 1 is a West Valley College class held at Santa Clara Adult Education. Students must attend an orientation on Tuesday, 1/21/2020.

Enrollment Process:

1. Enroll in West Valley College at www.westvalley.edu or enroll during the mandatory orientation on 1/21/20 at SCAE.
2. Enroll in Santa Clara Adult Education: Call the front office at (408) 423-3500.

Students who do not complete these two steps will not be enrolled.

Days	Time	Site	Date	Session	Fee
T/Th	6-8pm	P5	1/21-4/28	26	FREE

MANDATORY ORIENTATION

Days	Time	Site	Date	Session	Fee
T	6-8pm	J2	1/21	1	FREE

Childcare Classes

ESL for Child Development (950EC)

This intermediate course develops oral and written English language skills necessary to communicate about a child's development. Students practice skills to introduce, objectively describe, and reflect on children, their actions, and their interests. Pass/No Pass Option.

Textbook: Will be provided in class

Students must be enrolled in both Mission College and Santa Clara Adult Education. Please complete the following two steps in order to enroll in the class:

1. Enroll in Mission College:
 - Visit Mission College website at www.missioncollege.edu to complete the online application
 - After completing the application, contact Monica Sain, Transition Specialist at monica.sain@missioncollege.edu or (408) 855-5503 to complete the final registration. If you need assistance please contact Monica Sain.
2. Enroll in Santa Clara Adult Education at www.santaclaraadulted.org or call the Santa Clara Adult Education office at (408) 423-3500.

Students who do not complete these two steps will not be enrolled. **Optional Orientation:** Thursday, January 32, 6:30-8pm, Room L2

Instructor: Juliane Rosner

Day	Time	Site	Date	Sess.	Fee
Th	6:20-9:40pm	L2	1/30		No Fee*

***Please note:** Non-residents (individuals who have not lived in California for at least 1 year and 1 day, or who are international students on certain types of visas) will have to pay non-resident fees. The class will be at no cost for anyone else.

CHD 001 Child Growth and Development (54 hours)

Acceptable for credit: California State University, University of California

- This college course is a study of typical and atypical child growth and development in all domains from conception through adolescence.
- Emphasis is on interactions between maturational processes and environmental factors within the family cultural context.
- Students observe children using investigative research methods, evaluate differences and analyze characteristics of development at various stages.

CHD 001 is a Mission College course held at Santa Clara Adult Education.

Students must be enrolled in both Mission College and Santa Clara Adult Education. Students must complete the following two steps in order to enroll in the class:

1. Enroll in Mission College at www.missioncollege.edu. If you need assistance please contact Monica Sain, Transition Specialist at monica.sain@missioncollege.edu or (408) 855-5503.
2. Enroll in Santa Clara Adult Education at www.santaclaraadulted.org or call the Santa Clara Adult Education office at (408) 423-3500.

Students who do not complete these two steps will not be enrolled. **Mandatory Orientation:** Tuesday, January 21, 6:30-8:30 pm, Room L2

Instructor: Natalie Seer

Day	Time	Site	Date	Sess.	Fee
Th	6:30-9:40pm	L2	1/27	1	No Fee*

Special Programs

Skills Plus

Skills Plus is a rehabilitation program for survivors of stroke and other neurological impairments. Classes are taught in a group setting and include:

- Independent Living Skills
- Mobility Skills
- Communication Skills

Classes meet twice a week.

Choose from the following schedules:

Tuesdays and Thursdays 9:15am-12:15pm

Tuesdays and Thursdays 1pm-4pm

Wednesdays and Fridays 9:15am-12:15pm

For more information call 408-423-3570 or email msanchezpalmada@scusd.net

Family Child Education- Early Education Programs



Family Child Education provides high quality early education programs for infant, toddler, preschool and elementary school-age students. Our programs are located on all elementary school campuses throughout Santa Clara Unified School District.

Bowers Infant-Toddler Child Development Center

This 12-month program provides both part-day and full-day options for children ages 6 weeks through 3 years of age.

State Preschool Programs

This 10-month program provides part-day kindergarten readiness for children 3-4 years of age with priority given to 4 year olds. The program is available free of charge or at a reduced cost to eligible families.

District Preschool Programs

This 12-month preschool is parent funded and provides both part-day and full-day options for children 3-5 years of age.

Children's Center Preschool Programs

This 12-month preschool provides part-day and full-day options for children 3-5 years of age. Tuition is parent funded as well as available free of charge or at a reduced cost to eligible families who are working, in training or going to school.

Extended Day Enrichment Programs

This 12-month program provides before and after school enrichment on all elementary school campuses during the school year. Additionally, we offer summer camp programs. Tuition is parent funded. At select locations subsidized services are available free of charge or at a reduced cost to eligible families who are working, in training or going to school.

NOW HIRING!

Teachers For Infant, Toddler, Preschool & School Age! Family Child Education is seeking passionate Early Childhood professionals interested in making a difference in the lives of young children ages 6 weeks-12 years old. Full and part-time positions are available! California Child Development Permit preferred but not required! **Apply Now!** www.santaclarausd.org/apply. Questions about program services and/or open position please contact Jennifer Marfia at jmarfia@scusd.net or 408-423-3675.

Parent Education

Wilson Preschool

1840 Benton Street, Santa Clara, CA 95050

www.wilsonpreschool.org

- Parent Education Preschool — where parents and children learn together
- Hands-on preschool curriculum based on the High Scope model
- Parent education and community support
- Newly renovated classrooms with a large, enriching outdoor space

Wilson Preschool is part of Santa Clara Adult Education's Parent Education Department. We respect and celebrate our families' diversity and provide a safe and nurturing environment where parents and children can learn together. Parents actively participate in their children's classrooms once a week. Through their participation, parents learn ways to foster their children's social, emotional, physical, intellectual and creative development. Our developmentally appropriate classrooms and curriculum support children's learning through hands-on experiences and active play.

Call (408) 423-3674 for more information about 2019-2020 registration.

See our website for more information: www.wilsonpreschool.org

Wilson Preschool's Open House will be on Saturday, February 1 from 10am-1pm.



Toddler Classes

Parenting the Toddler

Parenting the Toddler

Must be 12 months by Sept. 1, 2019.

Day	Time	Site	Date	Wks.	Fee
M	9-11:30 am	Rm M1	Jan	15	\$225
W	9-11:30 am	Rm M1	Jan	15	\$225

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Santa Clara Adult Education



Parent Education

PRESCHOOL CLASSES

Parent Education through Parent Child Participation

Two Year Olds — Must be 2 by Sept. 1, 2019. One session per week.

Day	Time	Site	Date	Wks.	Fee
T	9am-12pm	Rm M1	January	15	\$240
Th	9am-12pm	Rm M1	January	15	\$240
F	9am-12pm	Rm M1	January	15	\$240

Three Year Olds — Must be 3 by Sept. 1, 2019

Day	Time	Site	Date	Wks.	Fee
MWF	9am-12pm	Rm M4	January	15	\$720
TWTh	T,Th 9am-12pm W 12:30-3:30pm	M4	January	15	\$720

Four Year Olds — Must be 4 by Sept. 1, 2019

Day	Time	Site	Date	Wks.	Fee
MWF	9am-12pm	Rm M2	January	15	\$720
TWTh	T,Th 9am-12pm W 12:30-3:30pm	Rm M2	January	15	\$720

Saturday Preschool for Two, Three and Four Year Olds

Day	Time	Site	Dates	Wks.	Fee
Alternating Sa	9:30am-12pm	Rm M4	Ongoing	8	\$130

Raising Resilient Children

Looking for a way to lift your spirits and build your skills as a parent? This 10-week course will help parents manage the challenge raising today's children, from toddlers to teens. This class will help parents build a foundation from which children can soar.

Instructor: Christopher Glover

Day	Time	Site	Dates	Wks.	Fee
Th	6:15-8:45	Room L3	3/5-5/14	10	\$65

PARENTING THE CHILD WITH SPECIAL NEEDS

Parents Helping Parents Workshops

For class dates, directions, to register or for further information, call Parents Helping Parents (408) 727-5775, a Family Resource Center for families with special needs.

SCUSD FAMILY RESOURCE CENTER

Location: Santa Clara Adult Education Campus - 1840 Benton St. Santa Clara, 95050, Building C

Phone: 408-423-3541

Call for questions, services and referrals.

More Parent Education Classes In Our Community

For more information on Parent Education in Santa Clara Unified School District visit our website: www.santaclarausd.org

English Language
Learners

English as a Second Language (ESL)

New Students - Check Website for Placement Test Date
Returning Students - Apply in the main office

See pages 52-54 for full details
Fees may apply
Call (408) 423-3500

Reading and Writing
Improvement for
English Speakers

Adult Basic Education Pre High School Equivalency

Reading, Writing, and Math

Improve your reading • Develop math skills • Learn to write more clearly
To register, call the main office (408) 423-3500

Very Strong English Reading and Writing Skills Required
for High School Equivalency or High School Diploma

High School Equivalency Test Preparation (Previously GED Prep.)

Prepare for the GED or HiSet

To register, call the main office (408) 423-3500

For HISET
Exam Dates
please call the
office at
(408) 423-3500
or visit the
website

Adult High School Diploma (Ages 18 and older)

Independent Study

A flexible self-paced diploma program designed for people whose work schedules or life circumstances do not permit attendance in traditional classes. Get credit for previous classes taken. Official transcript from previous school are required prior to enrollment.
For information call 408-423-3573 or email ppottorffcroghan@scusd.net.

Adult Diploma Graduation Requirements

All courses/credits required for graduation are offered. These include:

English.....	40	Science.....	20
World History.....	10	Practical Art.....	5
U.S. History.....	10	Fine Arts or Foreign Language.....	10
Government.....	5	Electives.....	55
Economics.....	5		
Math.....	20	Totals.....	180 Credits

Adult Basic Education High School Equivalency High School Diploma

A quick comparison of the High School Equivalency and High School Diploma program to help you choose what's right for you

	Adult Basic Education	High School Equivalency	High School Diploma
Requirements	Speak, Read and Write English	Speak, Read and Write English	Speak, Read and Write English Need 80 credits or less to graduate.
Cost for Class	Free	Free	Free
Placement Test	Placement Test in Orientation	Placement Test in Orientation	Placement Test in Orientation
Transcripts	No Transcripts	No Transcripts	Sealed Official Transcripts
Type of Instruction	Self-paced, one-on-one instruction and tutors	Self-paced, one-on-one instruction	Self-paced, one-on-one instruction
Purpose	Improve basic reading, writing and math	Pass all 4 GED Tests or Pass all 5 HISET Tests	Complete 180 Credits for an Adult H.S. Diploma
Cost	None	5 tests - HISET - \$45 each	\$50 Refundable Book Deposit
Meeting Times	To be determined during intake/orientation	To be determined during intake/orientation	To be determined during intake/orientation

Call office (408) 423-3500 for next available orientation date.

We offer a paper & pencil version of the Hi-Set test, monthly, throughout the school year.

Call 408-423-3500 for more information. GED tests are offered at other sites in the area.

Transcripts available upon request for Adult High School Diploma students, please call 408-423-3573.

Fees may apply.



English as a Second Language

Clases gratuitas de inglés como segundo idioma (ESL)

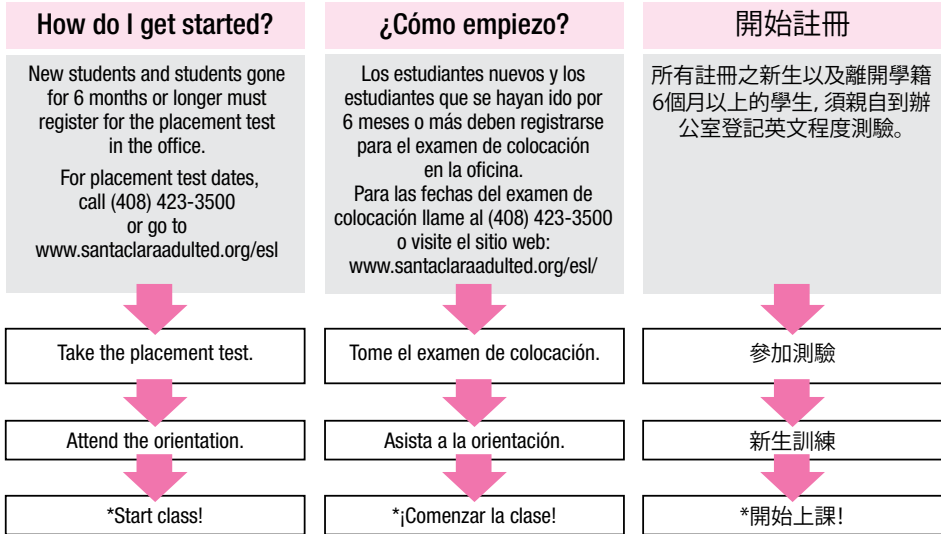
免費ESL英語課程

<p>Learn English</p> <ul style="list-style-type: none">• These classes are paid by taxes and are for students that want to go to college, get a job or be active in their communities.• Practice speaking, listening, reading & writing. <p>Levels There are 5 levels: Beginning Literacy / Beginning Low Beginning High Intermediate Low Intermediate High Advanced</p> <p>Class Days and Times Monday to Friday, 9am-11:30am</p> <p>Tuesday, Wednesday & Thursday, 7pm-9:30pm</p> <p>Childcare Low-cost childcare may be available on-site for evening students only on a first come, first serve basis. Please contact Maikhanh Le, at (408) 423-3521 if you want to enroll your child.</p> <p>Student Books Available in class.</p> <p>Adviser An adviser is available to help you get a job or start college.</p> <p>Waiting List* If there's no space in your class, you will be placed on a waiting list. We will call you when a space is available.</p> <p>While waiting to start you class, here are some other options for you:</p> <ul style="list-style-type: none">• Enroll in an ESL Fee class.• Look for more classes and information at www.immigrantinfo.org	<p>Aprende inglés</p> <ul style="list-style-type: none">• Estas clases se pagan con impuestos y son para estudiantes que quieren ir a la universidad, obtener un trabajo o estar activos en sus comunidades.• Practica hablar, escuchar, leer y escribir <p>Hay 5 niveles: Alfabetización inicial / Principio bajo Principio alto Intermedio bajo Intermedio Alto Avanzado</p> <p>Las clases están disponibles: De lunes a viernes por la mañana, de 9 a 11:30 am.</p> <p>Martes, miércoles y Jueves por la noche, 7 a 9: 30 pm.</p> <p>Cuidado de niños Cuidado de niños de bajo costo puede estar disponible en el sitio para los estudiantes de la noche solamente, por orden de llegada. Comuníquese con Maikhanh Le al (408) 423-3521 si desea inscribir a su hijo.</p> <p>Libros para los estudiantes Los libros para los estudiantes están disponibles en clase.</p> <p>Asesor educativo Hay un asesor disponible para ayudarle a conseguir un trabajo o comenzar la universidad.</p> <p>Lista de espera* Después de la prueba, es posible que no haya espacio en la clase que sea mejor para usted. Será colocado en una lista de espera. Le llamaremos tan pronto como haya un espacio disponible.</p> <p>Mientras espera comenzar las clases, aquí hay otras opciones para usted.</p> <ul style="list-style-type: none">• Inscribase en una clase de ESL basada en tarifa• Busque más clases e información en www.immigrantinfo.org	<p>學習英語</p> <p>本課程由政府稅收補助學費, 我們為了想要上大學, 找工作以及投入社區活動者而開設這些課程</p> <p>課程包含英語的聽說讀寫, 分為5個階段:</p> <p>初級識字班 初級初階班 初級高階班 中級初階班 中級進階班</p> <p>上課時間: 週一至週五 上午9:00-11:30 週二至週四 晚上 7:00-9:30</p> <p>兒童照顧 學校為服務夜間上課的同學, 提供平價的兒童照顧, 採取先到先得的原則。請致電(408)423-3521與Maikhanh Le聯繫, 為您的孩子報名</p> <p>學生課本 本課程提供教材</p> <p>顧問輔導 本校顧問將協助您找工作與進入大學就讀</p> <p>候補名單: 因名額有限, 因此您有可能列在候補名單上, 一但有釋出名額, 學校會立即以電話與您聯繫。</p> <p>*當您正在候補名單上等候開始您的課程, 我們建議您透過下列方式先來學習英語:</p> <ul style="list-style-type: none">• 報名付費課程, 請參閱內頁• 至移民資訊網尋找課程與資訊 www.immigrantinfo.org
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ESL – English as a Second Language

Clases de inglés como segundo idioma (ESL)

免費ESL英語課程



ESL Fee Classes

The following fee-based programs are appropriate for people who want to improve their communication skills in daily life.

Multilevel Conversation

This class is designed for intermediate to advanced English speakers. Listening and speaking will be emphasized while learning fun and essential idiomatic expressions and slang in order to understand American English. Learn to interpret jokes and other everyday language that is not explained in normal texts!

Instructor: Mark Reedy

Day	Time	Site	Date	Sess.	Fee
M/W	12:30-3pm	Rm E3	1/15	16	\$139
M/W	12:30-3pm	Rm E3	3/23	16	\$139

Advanced Grammar

- Course covers the rules of grammar governing the parts of speech and their functions.
- There will be a presentation of the verb tenses and their usage.
- Regular and irregular verbs will be explained as well as gerunds, infinitives, and participles.
- Noun clauses, adjectives clauses, adverb clauses, and their phrasal forms will be studied. In every session, practice exercises will be done and corrected in class.
- Practice exercises will be assigned for homework.

Textbook: *Understanding and Using English Gram-*

mar, by Azar & Hagen

Instructor: Fiammetta Kaypaghian

Day	Time	Site	Date	Sess.	Fee
T/Th	12:30-3pm	Rm E4	1/21	16	\$139
T/Th	12:30-3pm	Rm E4	3/24	16	\$139

Computer Basics for ESL Students, Part I

Do you want to start at the beginning? This is the class for you!

- Mouse and typing tutorial
- Email 101
- Troubleshooting

Minimum 18 students

Instructor: A. Kodi

Day	Time	Site	Date	Session	Fee
W/Th	5-6:45pm	Rm K1	1/22	14	\$69

Computer Basics for ESL Students, Part II

- Online Safety
- Tips on Scams, Spam and Malware.
- Google Drive and Docs

Minimum 18 students

Instructor: A. Kodi

Day	Time	Site	Date	Session	Fee
W/Th	5-6:45pm	Rm K1	3/25	14	\$69

ESL Free Classes

Citizenship

- Gain an understanding of the process to achieve U.S. citizenship. Develop the knowledge, skills, and the confidence necessary to complete the naturalization process and pass the oral interview.
- Knowledge obtained from the course about U.S. history, government, and the political process will allow students to acquire the abilities to participate fully as citizens and community members.
- Classroom activities will help students enhance their English reading, writing, listening, and speaking skills.

Prerequisite: Students must be at **Beginning High, Intermediate or Advanced level and must have been legal residents of the U.S. for at least 3 years (or 1 year if married to a U.S. citizen)**

Instructor: Mark Reedy

Day	Time	Site	Date	Sess.	Fee
M	7-9:30pm	Rm E3	1/13	7	Free
M	7-9:30pm	Rm E3	1/27	7	Free

ONLINE COURSES ARE INFORMATIVE, FUN, CONVENIENT



Learn
from the
comfort of
home!

**Online
Courses**
*anytime, anywhere...
just a click away!*



Writing for ESL

Learn how to write in English more effectively to succeed in college and at work. \$215.00

Grammar for ESL

If English is your second language and you're headed to college, this course will teach you the principles of grammar and structure you'll need to succeed. \$215.00

Grammar Refresher Series

These online courses will help you gain confidence in your ability to produce clean, grammatically correct work. \$299.00

Grammar Refresher

Develop your English grammar skills and take your writing and speaking to the next level of excellence in this course. \$215.00

Grammar Refresher (Self-Paced Tutorial)

Develop your English grammar skills and take your writing and speaking to the next level of excellence in this course. \$215.00

Grammar Refresher II

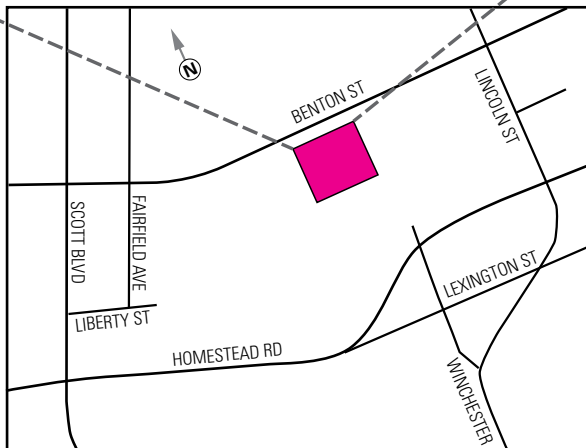
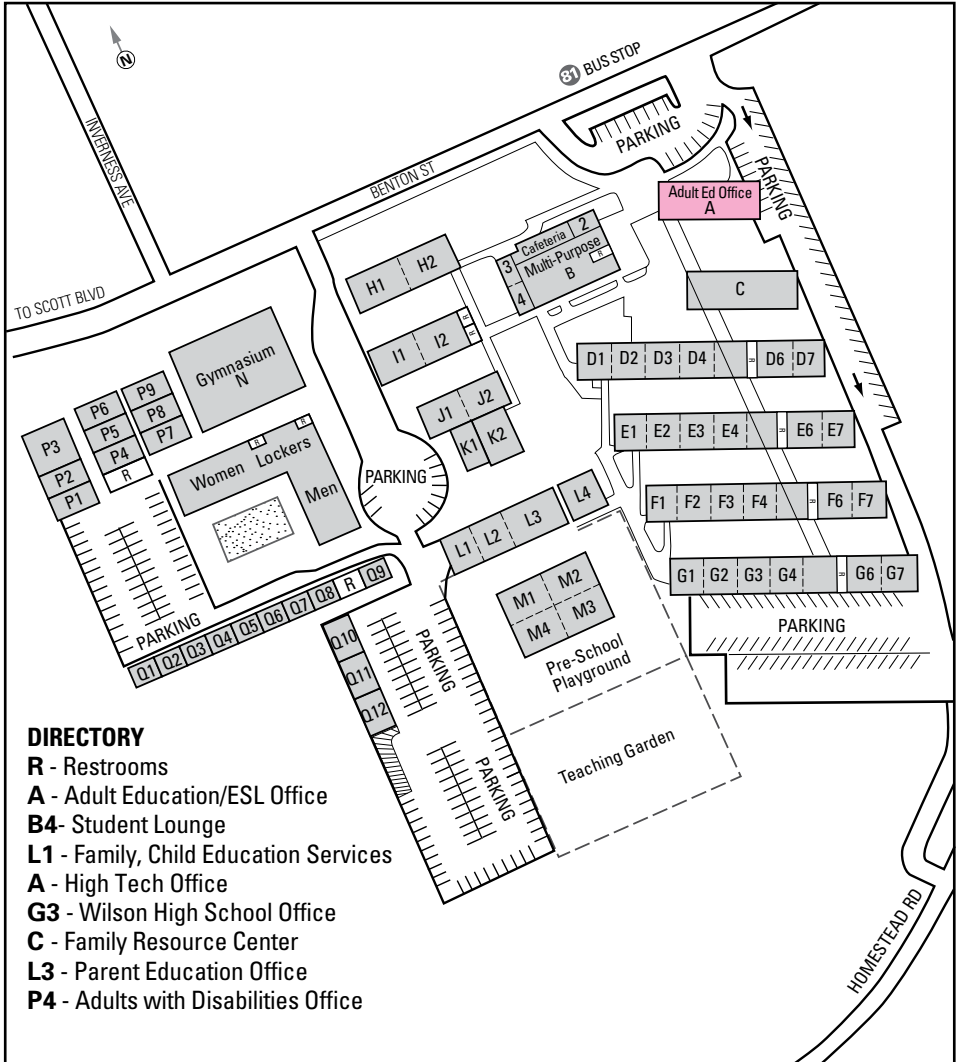
Take your grammar and language mechanics skills to the next level, and master the building blocks of effective writing. \$215.00

Prepare for GED Test Series

This test prep course bundle covers the four GED® test modules, with an additional focus on the Mathematical Reasoning portion. By course completion, you will be prepared to take – and pass – the GED® test. \$299.00

Santa Clara Adult Education

1840 Benton Street, Santa Clara



General Information

Registration Begins: November 18, 2019

Holidays: Nov 28-29, Dec 23-Jan 3, Jan 20, Feb 17, 21

Registration Confirmation:

When you register for any of our classes, no confirmation will be sent.

The only time you will hear from us is if:

- There is a change in the time, day or date of the class
- There is a change in the room or location
- The class is full or has been cancelled

Location of Classes:

Most classes are held at the Adult Education Center, 1840 Benton Street, Santa Clara CA 95050. Others are located in our district and at other community locations. Please note the Location of your class in the schedule under SITE.

Office Hours

The main Adult Education Center office at 1840 Benton Street is open

Monday–Thursday, 8 am–7:30 pm, Friday, 8 am–1 pm

General Policies

- Continuation of a state supported class is dependent on funding and enrollment.
- Instructor is subject to change.
- Whenever feasible, classes are open entry/open exit and a waiting list is maintained.
- Students may be dropped if absent three consecutive classes without notifying the teacher or office.
- Students who are not progressing appropriately in class may be asked to leave.
- Students may be dropped for poor attendance.
- Students will be dropped for disrespectful or disruptive behavior in classrooms or on campus.
- Children under 18 are not permitted in class unless specifically authorized.
- Individuals on the campus who are inappropriately dressed and/or those whose personal hygiene is causing a disruption may be asked to leave.
- The Governing Board prohibits the unlawful harassment or bullying of any student or employee by any other employee, student, or other person on school sites.
- Missed classes may not be made up nor will a refund be given.
- Certificates may be awarded for successfully completing all course objectives.
- All copyrighted materials must be used in compliance with applicable copyright and other laws. Computer software, graphics, audio, video, or other files may not be loaded on school computers without appropriate licensing.
- Complaint policy is posted in the Adult Education Office.
- Transcripts available upon request for Adult High School Diploma students, please call 408-423-3517. Fees may apply.

Registration Information

There are 4 ways to register!

1

Online

Go to **www.SantaClaraAdultEd.org**

2

Mail

Complete pre-registration form on the next page.

Mail to 1840 Benton St., Santa Clara, CA 95050.

3

Telephone

Call (408) 423-3500

4

Walk-In

Register in person at Santa Clara Adult Education Office.

1840 Benton St., Santa Clara

Some things you need to know:

Admission

Classes are open to all district residents and non-district residents over the age of 18.

Fee Schedule

Class price is determined by a cost per hour of instruction. Hourly fees may differ slightly based upon the cost of the class and historical attendance levels.

Lab Fees

Some classes require special materials. Lab fee amounts are stated in the course descriptions or will be announced at the first class meeting. Lab fees are due with pre-registration or at the first class meeting. All students must pay lab fees, if required.

Refunds

Students who voluntarily withdraw from class(es) will not receive refunds.

Refunds will ONLY be given for class cancellation. A refund may be given for a major medical injury that is verified with a doctor's note prior to the start of class. A \$20 processing fee will be charged.

Notification of Enrollment

You will be notified only if the class you want is full or cancelled.

Class Attendance

Attendance is limited to individuals enrolled in the class. Participants may not make up classes which they have missed; fees cannot be pro-rated for classes missed.

Course Transfers

Course transfers must be requested at least 7 days prior to class; subject to supervisor's approval.

Uniform Complaint Procedure

Santa Clara Unified School District (SCUSD) has a uniform complaint process as required in Code of Regulations, Title 5, Section 4622 (SCUSD Board Policy/Administrative Regulation 1312.3). Copies of these policies are available in their complete form on the Santa Clara Unified website at santaclaradult.org, through the Santa Clara Unified District office, and at all schools in Santa Clara School District at no charge to the recipient.

Student Data and Registration Form

Have you taken classes at our school before? ____ Yes ____ No
Please answer each question below. The information will remain confidential and be used only to assist with school funding. Thank you for your cooperation.

Today's Date: _____

Student I.D.: _____

Last Name: _____ M.I. _____ First Name _____

Street Address: _____

City _____ State: _____ Zip: _____

Phone No: (Home) _____

(Work) _____

(Cell) _____

Date of Birth (required): _____

E-mail Address _____

In Case of Emergency Call: (Name) _____ Relationship: _____

Telephone No. of Emergency Contact: _____

I have a child attending Santa Clara Public Schools: ☐ Yes ☐ No If yes, how many? _____

All students must be 18 or older

Course Title	Day	Time	Reg. Fee

METHOD OF PAYMENT

☐ Cash ☐ Check # _____ ☐ Letter of Credit ☐ Gift Certificate For Office Use only: ☐ Other

☐ MasterCard ☐ VISA

Card No.: _____

Exp. Date: _____ Security Code: _____

Signature: _____

SORRY, NO REFUNDS! (SPACE WILL NOT BE RESERVED WITHOUT PAYMENT)



SKILLS PLUS

Help for stroke survivors



What is Skills Plus:

Skills Plus is an innovative group program of education and training for survivors of stroke and other neurological impairments.

Classes include:

Mobility Skills, Independent Living Skills and Communication Skills

Days and Times:

- Tuesday and Thursday from 9:15 am to 12:15 pm
- Tuesday and Thursday from 1:00 pm to 4:00 pm
- Wednesday and Friday from 9:15 am to 12:15 pm

Registration: Is ongoing call 408-423- 3570 for an observation and assessment

www.Skillsplusprogram.org

Phone: 408-423-3570



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www.ed2go.com/santaclara



Adult Education

1840 Benton Street
Santa Clara, CA 95050
(408)423-3500
santaclaraadulted.org



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